

REVISION FOR THE FIRST MID-TERM TEST
GRADE 7 – SCHOOL YEAR 2024-2025

A. VOCABULARY

Unit 1 – Hobbies Unit 2 – Healthy living Unit 3 – Community service

B. GRAMMAR

1. Present simple

- Cách dùng
- Cấu trúc
- Các trạng từ tần suất

2. Verbs with Go, Do, and Collect

3. Verbs of liking and disliking

Adore, love, enjoy, like	+ Ving
Hate, dislike	

4. Simple sentences

5. Giving tips for healthy problems

- S + can + V (infinitive).
- S + should + V (infinitive)

6. Past simple

- Cách dùng
- Cấu trúc
- Các trạng từ

C. PRACTICE

I. Listening:

1. <https://hoclieu.vn/skill/406ca7cf-1d62-4be5-a92e-3b412af18bd7?lessonId=08da7778-c828-47c1-8785-7f1c341d5d33>

1. Trang's hobby is building
- A. collecting dolls B. building dollhouses C. doing DIY D. making crafts
2. She started her hobby.....
- A. when she was three B. three months ago C. three weeks ago D. three years ago
3. She shares her hobby with her
- A. friends B. mother C. cousin D. sister
4. Trang needs..... to build the house and furniture.
- A. old bottles B. carboard and glue C. old books D. cloths
5. Trang becomes more patient and
- A. creative B. funny C. strong D. smart

2. <https://hoclieu.vn/skill/d3ffb5d6-67d0-4d41-b6c0-241c939d97f9?lessonId=08dc36d6-e1bd-44de-88d6-1035d9aea92d>

1. What does a healthy diet help us avoid?
- A. fit B. diseases C. vitamins D. health
2. What provides a lot of vitamin C?
- A. fruit B. vegetables C. meat D. rice

3. is among the healthiest foods on the planet.
 A. Meat B. Fish C. Candies D. Sweetened food

4. Which sentence is NOT TRUE?
 A. Fish isn't good for brain. B. Vegetables and fruit provide a lot of vitamin.

5. We should avoid, such as candies and ice cream.
 A. sweetened food B. meat C. vegetables D. fruit

II. PHONETICS

1. Choose the word whose underlined part is pronounced differently from the others.

1. A. <u>burn</u>	B. <u>hurt</u>	C. <u>birth</u>	D. <u>singer</u>
2. A. <u>surfing</u>	B. <u>colour</u>	C. <u>opinion</u>	D. <u>above</u>
3. A. <u>mother</u>	B. <u>badminton</u>	C. <u>learn</u>	D. <u>picture</u>
4. A. <u>about</u>	B. <u>hobby</u>	C. <u>collect</u>	D. <u>player</u>
5. A. <u>donated</u>	B. <u>provided</u>	C. <u>flooded</u>	D. <u>changed</u>
6. A. <u>helped</u>	B. <u>worked</u>	C. <u>reduced</u>	D. <u>followed</u>
7. A. <u>saved</u>	B. <u>interested</u>	C. <u>volunteered</u>	D. <u>enjoyed</u>
8. A. <u>cooked</u>	B. <u>watered</u>	C. <u>followed</u>	D. <u>cleaned</u>
9. A. <u>flu</u>	B. <u>laugh</u>	C. <u>knives</u>	D. <u>leaf</u>
10. A. <u>paragraph</u>	B. <u>flower</u>	C. <u>enough</u>	D. <u>vitamin</u>

2. Choose the word that has the main stress placed differently from the others.

1. A. serious	B. condition	C. physical	D. vitamin
2. A. countryside	B. interested	C. volunteer	D. library
3. A. explore	B. enjoy	C. active	D. cartoon
4. A. children	B. boring	C. always	D. donate
5. A. healthy	B. sunburn	C. disease	D. acne
6. A. sweeten	B. expect	C. affect	D. exchange
7. A. interesting	B. exciting	C. exercise	D. neighbourhood
8. A. opposite	B. programme	C. tomorrow	D. wonderful
9. A. homeless	B. hobby	C. cardboard	D. reduce
10. A. responsible	B. vegetables	C. activity	D. community

III. GRAMMAR & VOCABULARY

1. Choose the best answer A, B, C or D to complete the sentence.

1. My father can make beautiful pieces of art.....empty eggshells.
 A. of B. from C. in D. into

2. Why don't you take.....a new hobby?
 A. up B. in C. over D. after

3. Collecting cars is a(n) hobby. It costs a lot of money.
 A. interesting B. cheap C. expensive D. unusual

4. More people are birds today than ever before.
 A. seeing B. looking C. hearing D. watching

5. Do you enjoy..... board games?

A. play B. to play C. playing D. played

6. Be careful not to drop it; it's very
 A. unique B. fragile C. difficult D. unusual

7. Sam and I the same hobby. We both like playing computer games.
 A. share B. play C. do D. work

8. Community service is the work you do for the of the community.
 A. problems B. solutions C. benefits D. causes

9. The primary students often up litter in the park.
 A. picking B. picks C. pick D. to

10. Her hobby is models.
 A. making B. having C. building D. taking

11. It is a non-profit organization that the environment.
 A. provides B. protects C. helps D. supports

12. My classmates and I books and old clothes for homeless children last week.
 A. used B. had C. collected D. carried

13. There are many activities that individuals or organizations to benefit the community.
 A. do B. does C. did D. are doing

14. The young people love volunteer in the countryside.
 A. do/ responsibility B. doing/job C. doing/work D. do/ task

15. My brother sometimes blood at a local hospital.
 A. raises B. provides C. helps D. donates

16. She hates a horse.
 A. ride B. riding C. rides D. rode

17. She loves postcards and selling them in the market.
 A. having B. giving C. cutting D. making

18. She looks very tired. She should work or she will get sick.
 A. well B. less C. more D. enough

19. She stays in by exercising daily and eating well.
 A. health B. fit C. size D. shape

20. Don't sit too close to the screen,
 A. and you'll hurt your eyes B. so you can see more clearly
 C. or you'll get a headache D. but it's bad for your health

21. Have you ever taken part volunteer work?
 A. for B. to C. in D. with

22. She's got a high – almost 40°.
 A. flu B. headache C. sore throat D. temperature

23. Jane is weight because she eats too much junk food.
 A. getting over B. putting on C. taking up D. throwing away

24. The charity facilities for disabled people to take part in sport.
 A. provides B. donates C. raises D. collects

25. Don't ever think gardening is a piece of You must spend a lot of time taking care of your plants.

A. cake B. paper C. work D. art

IV. READING

1. Choose the word which best fits each gap.

Breakfast is the (1) important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (2) and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (3) to concentrate. Surprisingly, breakfast actually plays a part in weight control. It's easier to (4) weight if you eat in the morning rather than later in the day. Dividing the day's calories (5) three meals helps take off weight more efficiently than (6) breakfast and having two larger meals a day does.

1. A. healthy	B. tasty	C. main	D. most
2. A. strength	B. power	C. energy	D. effort
3. A. able	B. enable	C. unable	D. capable
4. A. lose	B. put	C. gain	D. drop
5. A. in	B. into	C. up	D. for
6. A. skipping	B. making	C. buying	D. serving

2. Choose the word which best fits each gap.

What do you like doing best (1) your spare time? My cousin Paul likes going for walks in the country and (2) photos. Sometimes he travels with his friends, and they (3) at the park or at the beach. They always (4) a good time. His brother Chris isn't (5) on walking. He spends most of the (6) at home.

1. A. for	B. when	C. in	D. at
2. A. making	B. having	C. taking	D. doing
3. A. enjoy	B. have fun	C. hobby	D. go
4. A. have	B. make	C. do	D. like
5. A. interested	B. out	C. decided	D. keen
6. A. other	B. time	C. people	D. money

3. Read the text carefully then choose the correct answers.

The island of Okinawa in Japan has some of the oldest people in the world. It's famous for its high number of centenarians – men and women who live beyond 100 years of age. There have been many scientific studies of their lifestyle and you can even buy cookery books based on their diets. Some of the reasons for their good health are that they go fishing and eat what they catch, regularly do gardening and grow their own fruit and vegetables, go cycling and never drive when they can walk, often spend time with friends, they meet at people's houses and play games, rarely buy food from a supermarket, do regular exercise, go swimming and lead active lives.

1. According to the passage, Okinawa is well known for

4. Read the text carefully then choose the correct answers.

Each country has many good people who take care of others. For example, some students in the United States often spend many hours as volunteers in hospitals, orphanages or homes for the elderly. They read books to the people in these places, or they just visit these people and play games with them or listen to their problems.

Other young volunteers go and work in the homes of people who are sick or old. They paint, clean up, or repair their houses, and do the shopping. For boys who don't have fathers, there is an organization called Big Brothers. College students and other men take these boys to basketball games or on fishing trips and help them to get to know things those boys usually learn from their fathers.

Each city has a number of clubs where boys and girls can go and play games. Some of these clubs show movies or hold short trips to the mountains, the beaches, museums, or other places of interest. Most of these clubs use a lot of students as volunteers because they are young enough to understand the problems of younger boys and girls.

1. What do volunteers usually do to help those who are sick or old in their homes?

- A. They do shopping, and repair or clean up their house.
- B. They tell them stories, sing and dance for them.
- C. They cool, sew, and wash their clothes.
- D. They take them to basketball games.

2. What do they help boys whose fathers do not live with them?

- A. To learn things about their fathers.
- B. To get to know things about their fathers.
- C. To get to know things that boys want from their fathers.
- D. To learn things that boys usually learn from their fathers.

3. Which activities are NOT available for the students at the clubs?

=> She usually spends _____

7. She's interested in watching cartoons.

=> She likes _____

8. It's not good to touch your face with dirty hands.

=> You shouldn't _____

9. She works hard. She wants to pass the test. (because)

=> She _____

10. You should wear warm clothes. You should drink hot milk. (and)

=> You _____

3. Find and correct the mistakes in the following sentences:

1. My father hates drive motorbike to work in the morning.

A B C D

2. I go to the beach with Staney and Peter next week.

A B C D

3. My younger sister like building beautiful sandcastles on the beach.

A B C D

4. Mary enjoys cook spaghetti and singing English songs.

A B C D

5. He always hanging out with his friends on Sunday.

A B C D

6. He begins always his lessons with a warm-up exercise.

A B C D

7. She should to drink a glass of hot milk to feel better.

A B C D

8. Doing exercises is one of the key components of a health lifestyle.

A B C D

9. You can avoid some disease by keeping yourself clean.

A B C D

10. I don't want to leave a warm cozy bed to do jogging in the winter.

A B C D

11. He gives me some tips for playing the guitar and sing at the same time.

A B C D

12. If you eat more sugar, you will lose your weight easily.

A B C D

13. Her son has lost his way on his way home yesterday.

A B C D

14. You should eat much junk food because you will be fat soon.

A B C D

15. Peter and Ann has bought a new car for about 2 weeks. It is so nice.

A B C D