

Are You an Optimist, Pessimist or Realist?

- a. Believes things will get better.
- b. Focuses on the positives, even in small things.
- c. Looks for ways to fix problems instead of dwelling on them.
- d. Looks forward to new opportunities and possibilities
- e. Inspires others to see the good side.
- f. Often doubts people's intentions or outcomes.
- g. Worries about what could go wrong.
- h. Avoids trying new things to prevent failure.
- i. Thinks outcomes are mostly out of their control.



Look at the phrases book.
Read the you say phrases, and
discuss on the possible things
a pessimist woul say .

You Say	A Pessimist Says
1 We're having the party in the garden.	<i>It'll rain.</i>
2 I'm doing my driving test this afternoon.	=
3 I'm having my first skiing lesson today.	=
4 I've lent James some money.	=
5 I'm going to see a film tonight in English.	=
6 Our team are playing in the cup tonight.	=
7 We're meeting Anna and Daniel at 7.00.	=
8 We're going to drive to the city centre.	=

The Pessimist's Phrase Book

Excuse me, can I ask you some questions?
Do you think ...?

1. Time travel
2. Borders
3. Google and Facebook
4. The euro will disappear.
5. You
6. Americans
7. Scientists
- 8.
- 9.
- 10.

Really?
Why do you think so?
What do you think will happen then?
Why?
Why not?
When?

Student A

Excuse me, can I ask you some questions?
Do you think ...

1. Scientists cure for cancer.
2. A meteor
3. You'll
4. A nuclear war
5. People
6. Aliens
7. An earthquake
8. You
- 9.
- 10.

Really?
Why do you think so?
What do you think will happen then?
Why?
Why not?
When?