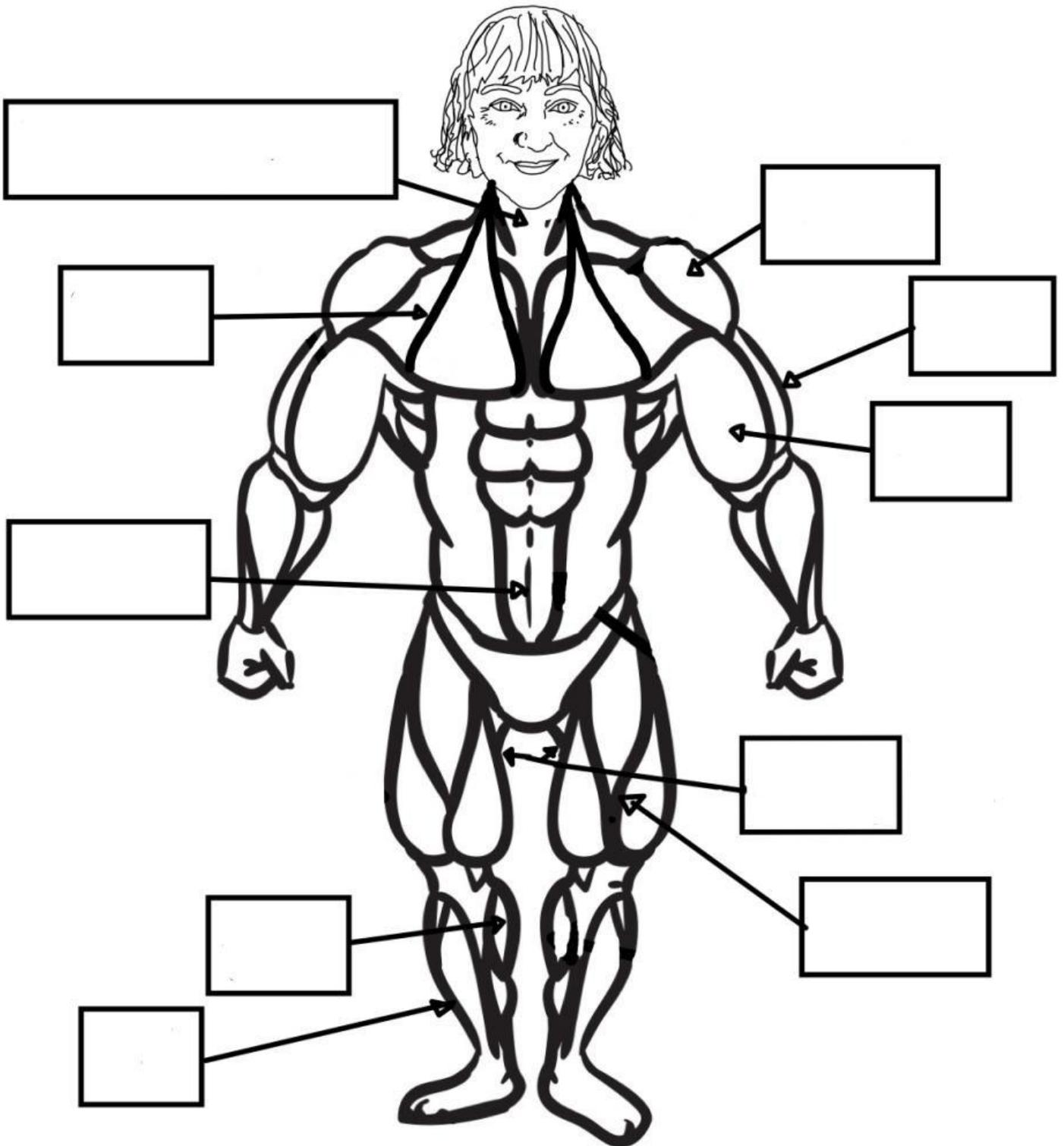


APRENDEMOS LOS MÚSCULOS



- | | | | | |
|--------|-----------|-----------------------|---------|----------|
| Tibial | Deltoides | Esternodeidomastoideo | Triceps | Abductor |
| Biceps | Cuadricep | Abdominal | Gemelo | |