

1 Complete the phrases with the verbs in the box.

brush	check	clean	get	have
leave	prepare	put	tidy	wake

- 1*clean*..... your teeth
- 2 up
- 3 your hair
- 4 your room
- 5 on your shoes
- 6 your messages
- 7 breakfast
- 8 the house
- 9 dressed
- 10 your school bag

2 Complete the spaces to make food words.

- 1 c h e e s e
- 2 c e _ _ _ _
- 3 v _ _ _ _ _ _ _ _
- 4 y _ _ _ _ _
- 5 c _ _ _ _ _
- 6 a _ _ _ _ _
- 7 h _ _ _ _
- 8 b _ _ _ _
- 9 t _ _ _ _ _

3 Match the food words from Exercise 2 with the definitions below.

- A** These are good for you and can grow in the garden, e.g. potatoes and beans. ...
3...
- B** It's yellow or white and we often put it inside a sandwich.
- C** You use this to make toast.
- D** You have this with milk for breakfast.
- E** It's made from milk. We often put fruit or sugar with it.
- F** Bees make this.
- G** This is a round vegetable. It's got leaves and can be green.
- H** They are red and round. We often put them in a salad.
- I** This is a tropical fruit with a hard, green skin.

4 Which words have the sound /ə/? Listen and write the words in the table.

Then, listen again and check.

Audio Player

Use Up/Down Arrow keys to increase or decrease volume.

/ə/	No /ə/
...avocado.....	...bread.....
.....
.....
.....
.....
.....
.....
.....

5 Put the words in the correct order to make sentences.

- 1 I / my teeth / after breakfast. / clean
.....*I clean my teeth after breakfast.*
- 2 hair. / gets / and / She / dressed / then brushes / her
.....
- 3 am / I / my / moment. / tidying / at / room / the
.....
- 4 usually prepare / school bag / He doesn't / evening. / his / in the
.....
- 5 leaving / house / is / She / now. / the
.....
- 6 moment, / At the / on / I am / my / shoes. / putting
.....
- 7 check my / wake up. / messages / when I / I always
.....

6 Complete the text. You have the first letter of each missing word.

My morning routine

I wake (1)u p at six o'clock. I (2)g..... dressed, brush my (3)h..... and then I have (4)b..... I usually have (5)h..... chocolate, toast with (6)j..... and a (7)y..... for breakfast, but sometimes I have (8)c..... with milk. After breakfast, I (9)p..... my school bag and clean (10)m..... teeth. Then, I (11)p..... on my shoes and (12)l..... the house at eight o'clock.