

**1 Complete the phrases with the verbs in the box.**

brush check clean get have  
leave prepare put tidy wake

- 1 .....clean..... your teeth
- 2 .....up
- 3 .....your hair
- 4 .....your room
- 5 .....on your shoes
- 6 .....your messages
- 7 .....breakfast
- 8 .....the house
- 9 .....dressed
- 10 .....your school bag

**2 Complete the spaces to make food words.**

- 1 cheese
- 2 ce.....
- 3 v.....
- 4 y.....
- 5 c.....
- 6 a.....
- 7 h.....
- 8 b.....
- 9 t.....

**3 Match the food words from Exercise 2 with the definitions below.**

- A These are good for you and can grow in the garden, e.g. potatoes and beans. ....
- 3...
- B It's yellow or white and we often put it inside a sandwich. ....
- C You use this to make toast. ....
- D You have this with milk for breakfast. ....
- E It's made from milk. We often put fruit or sugar with it. ....
- F Bees make this. ....
- G This is a round vegetable. It's got leaves and can be green. ....
- H They are red and round. We often put them in a salad. ....
- I This is a tropical fruit with a hard, green skin. ....

**4 Which words have the sound /ə/? Listen and write the words in the table.**

Then, listen again and check.

Audio Player

Use Up/Down Arrow keys to increase or decrease volume.

### 5 Put the words in the correct order to make sentences.

1 I / my teeth / after breakfast. / clean

.....*I clean my teeth after breakfast.* .....

2 hair. / gets / and / She / dressed / then brushes / her

3 am / I / my / moment / tidying / at / room / the

4 usually prepare / school bag / He doesn't / evening. / his / in the

5 leaving / house / is / She / now. / the

6 moment. / At the / on / I am / my / shoes. / putting

## 7 check my / wake up. / messages / when I / I always

6 Complete the text. You have the first letter of each missing word.

## My morning routine

I wake (1)up at six o'clock. I (2)get dressed, brush my (3)hands and then I have (4)breakfast. I usually have (5)hot chocolate, toast with (6)jelly and a (7)yellow for breakfast, but sometimes I have (8)coffee with milk. After breakfast, I (9)put my school bag and clean (10)my teeth. Then, I (11)put on my shoes and (12)leave the house at eight o'clock.