PRACTICE TEST-ENGLISH 11 (TRẮC NGHIỆM)

UNIT 1- A LONG AND HEALTHY LIFE

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

1: A. watched B. looked C. relaxed D. needed

2: A. healthy B. fitness C. strength D. mental

3: A. yoga B. fatty C. balance D. habit

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of stress in each of the following questions.

4: A. ingredient B. attention C. expectancy D. mineral

5: A. examine B. suffer C. headache D. nutrient

Mark the letter A, B, C or D on your answer sheet to indicate the word that is CLOSEST in meaning to the underlined word in each of the following questions.

6: Life expectancy has **generally** increased over the past few decades, and some people enjoy a longer and healthier life than others.

A. regularly B. rarely C. sometimes D. never

7: Start by looking at food labels, **paying attention to** ingredients and nutrients, such as vitamins and minerals.

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A. catching sight of B. laughing at C. going out D. focusing on

8: I would be **grateful** if you could tell me how to download this file from the website.

A. interested B. amazed C. thankful D. fortunate

9: **Furthermore**, add more fresh fruits and vegetables to your diet, and remember to eat a big breakfast and a small dinner.

A. Lately B. At first C. Next D. Moreover

Mark the letter A, B, C, or D on your answer sheet to indicate the word that is OPPOSITE in meaning to the underlined part.

10: One **possible** explanation is that they have healthy lifestyle habits.

A. harmful B. inexpensive C. interesting D. impossible

11: If you have not been very **active**, start exercising slowly, but regularly.

A. aware B. perfect C. passive D. wise

12: If you want to become a **famous** music composer, you need to have talent and determination.

A. well-known B. unknown C. outstanding D. public

13: The arguments Prof. Parker made were controversial and some scholars were **taking issue** with him.

A. becoming aware B. getting annoyed C. expressing doubt D. showing agreement

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

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14: They are _____ young _____ drive the car.

A. so / that B. too / to C. enough / to D. not only / but also

15: It was _____ a boring speech that I felt asleep.

A. such B. so C. very D. too

16: Is there _____ for everyone?

A. food and drink enough B. enough food and drink

C. enough of food and drink D. enough food and drink enough

17: If you _____English well, you will communicate with foreigners.

A. speaks B. had spoken C. speak D. spoke

18: Many people would be out of work if that factory _____down.

A. closes B. closed C. had closed D. would close

19: If you_____ here yesterday, you_____ me.

A. were/would meet B. had been/ would meet

C. were/ would have met D. had been/ would have met

20: He _____ me to the party yesterday.

A. invited B. has invited C. has been invited D. was inviting

21: He _____ a book two days ago.

A. has read B. has been reading C. was reading D. read

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22: Mai ____ the movie "Pearl Harbor " three times.

A. have seen B. saw C. has seen D. sees

23: Exercise regularly to always _____your body fit and your mind happy.

A. keep B. Continue C. Put D. take

24: For a public campaign to succeed, it is important to make _____ of existing social organizations as well as other relations.

A. fun B. advantage C. benefit D. use

25: I just can't _____that noise any longer!

A. sit out B. stand in for C. stand up for D. put up with

26: Fortunately, she began to get _____ quickly after bird flu.

A. up B. over C. out D. through

Read the following advertisement/ school announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks

Do you speak English?

Are you interested in museums?

Would you like a holiday job where you could meet people from all over (27) _____ world?

We are looking (28) _____ someone to work in the City Museum shop during the holidays.

No experience is necessary, but you must be (29) _____ and helpful and have some interest in

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art.

Contact Mrs. Donovan at the City Museum.

27: A. a B. an C. the D. no article

28: A. for B. on C. at D. in

29: A. friend B. friendship C. friendliness D. friendly

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks

School Announcement

School Assembly

There will be a school assembly in the (30) _____ on Monday, January 22nd at 9:00 AM. The assembly will cover important topics for the upcoming semester.

Science Fair

Our annual Science Fair will (31) _____ on Friday, February 16th. Students are encouraged to start preparing their projects.

Health and Safety

As always, we remind everyone to follow health and safety guidelines. (32) _____ you are ill, contact your class monitor or your homeroom teacher immediately.

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30: A. auditorium B. classroom C. gymnasium D. stadium

31: A. hold B. have held C. be held D. be holding

32: A. Should B. Were C. Had D. If

Mark the letter A, B, C or D on your answer sheet to indicate the correct arrangement of the sentences to make a meaningful paragraph/letter in each of the following questions.

33:

a. Firstly, we should clean up all areas regularly. For example, we can organise clean-up activities at weekends.

b. There are three things we can do to improve the environment in our school.

c. Secondly, we ought to set up more rubbish bins. For instance, we can put more rubbish bins in the school gate, in front of each building, or in the playground.

d. In conclusion, we can improve the environment in our school in many ways and even small actions can make a big difference.

e. Finally, we should plant more trees. To give an example, we can encourage students to plant trees or flowers in our school because this reduces CO2 and makes the air clean.

A. e-a-d-b-c B. e-b-a-d-c C. e-b-a-c-d D. b-a-c-e-d

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34:

a. I hope you'll have the chance to explore and appreciate the wonders of Japanese culture someday.

b. Finally, Japan's cuisine, including sushi and ramen, fascinates taste buds worldwide.

c. Secondly, traditional customs like tea ceremonies and cherry blossom viewing reflect simplicity and beauty.

d. Dear Sam, I'm excited to share with you about the rich culture of Japan.

e. Overall, Japan's culture is a blend of tradition and modernity, captivating people with its unique customs and practices.

f. Firstly, Japanese culture values harmony and respect for others.

A. d – f – c – b – e – a

B. d – f – c – b – a – e

C. d – f – b – c – a – e

D. d – f – c – a – b – e

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks

Many scientists believe our love of sugar may be an addiction. (35) _____, the sugar enters our blood and affects parts of our brain. (36) _____. Then the good feeling goes away, leaving us wanting more. All tasty foods do this, but sugar has a (37) _____. In this way, it is in fact an addictive drug, one that doctors recommend we all cut down on. "It seems like every time I study an illness and (38) _____, to the first cause, I find (39) _____, back to sugar," says

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scientist Richard Johnson. One-third of adults worldwide have high blood pressure, and up to 347 million have diabetes. Why? "Sugar, we believe, is one of the culprits, if not the major culprit," says Johnson. So what is the solution? It's obvious that we need to eat less sugar. Many schools are replacing sugary desserts with healthier options like fruit. Other schools are growing their own foods in gardens, or (40) _____, like walking tracks so students and others in the community can exercise.

35: A. As we will eat or drink sugary foods B. Eating and drinking sugary foods

C. After we ate or drank sugary foods D. When we eat or drink sugary foods

36: A. This makes us feel good B. It makes us to feel good

C. Which makes us feel good D. Making us to feel good

37: A. strong particularly effect B. particularly effect strong

C. particularly strong effect D. effect strong particularly

38: A. trace a path B. a path to be traced

C. tracing a path D. a path tracing

39: A. my way B. our way C. their way D. his way

40: A. facilities to build B. build facilities

C. to build facilities D. building facilities

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Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks

Health has always been a concern of everyone in this world and it is true that no one wants to lead an unhealthy life. However, people's health these days is definitely not as (41) _____as that in the past. There are some reasons that can explain this case. First, we are (42)_____ busy to look after ourselves. Society is becoming more modern, which requires more (43)_____ from the citizens, especially the young people. Therefore, we spend most of our time working and ignore our health. Eventually, our health gets worse so quietly that we cannot even realize. While in the past, although people were also busy, they were not under so much pressure as we are now. Second, (44)____ to heavy workload, we are putting up with stress, strain and depression. Our health can never be good if our spirit life is not treated well. We spend all day sitting in front of the computer, thinking about our work or trying to keep up (45)_____other people. This will result in the increase in stress and depression. In conclusion, these are the main reasons that explain why our health is worse compared to people in the past. We should improve our health from now on if we do not want to regret in the future.

41: A. good	B. well	C. best	D. better
42: A. so	B. enough	C. too	D. such
43: A. readers	B. viewers	C. contribution	D. design
44: A. who	B. due	C. relate	D. why
45: A. on	B. about	C. to	D. with

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Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.

Blues is a kind of slow sad music with strong rhythms. It was developed by African-American musicians in the American South. Early blues often took the form of a story about the unkind treatment experienced by African Americans. Many **elements** of the blues have grown from the music of Africa and religious music.

The blues started at the end of the 19th century and the first blues sheet music appeared at the beginning of the 20th century. Since then, **it** has developed into many styles such as country blues and urban blues. Several decades later. electric blues with electrical equipment replaced traditional blues. At the same time, the blues also reached a wider audience, especially white listeners. A mixture of blues styles and rock music, called blues rock appeared in the 60s and 70s of the last centuries.

46: Which of the following is **NOT MENTIONED** in the text?

A. The blues was influenced by the music of Africa and religious music.

B. Early blues songs told sad stories.

C. Different styles of blues appeared, known as country blues and urban blues.

D. In the 1960s, the blues reached a wider audience, including listeners in the Western Europe.

47: The word "**elements**" in paragraph 1 is closest in meaning to _____.

A. parts B. forms C. sheets D. roles

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48: According to paragraph 1, the blues is a type of slow, sad music created by_____.

A. African-American musicians in the southern United States

B. African Americans who experienced unkind treatment

C. musicians in the American South

D. African Americans who like African and religious music

49: The word **"it"** in paragraph 2 refers to_____.

A. the end of the 19th century B. the first blues sheet music

C. the blues D. the beginning of the 20th century

50: What is the text mainly about?

A. The start of the blues

B. The start and development of the blues.

C. Different styles of the blues.

D. The meaning of the blues.

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