Vocabulary Worksheet 8

Use the words and phrases in the box to complete the sentences below.

a. can't stand
b. energetic
c. go to a gym
d. in great shape
e. pool
f. ride a bike
g. ski
h. swims
i. windsurf
j. work out

1. When there is enough snow, Hannah loves to _____.
2. Tod runs every day, so he's _____.
3. You should always wear a helmet when you _____.
4. Mark _____ in the lake by his house every morning.
5. I love going to the _____ on a hot summer day.
6. I don't like to _____. I'd rather exercise at home.
7. Doctors say that you should _____ for 45 minutes each day.
8. Jennifer _____ running. She really hates it.
9. I used to be more _____, but now I get tired very quickly.
10. Nate learned to _____ at the beach last summer.

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