

How do you feel?

- ▶ Discuss the body and common ailments
- ▶ Discuss common remedies and give health advice

1 WORD POWER Parts of the body

A Listen and practice.



B GROUP WORK Say a sentence with a body part. Take turns repeating the sentence and keep adding body parts. The group with the last student to say a correct sentence wins.

A: I have one head.

B: I have one head and two eyes.

C: I have one head, two eyes, and one nose.

D: I have one head, two eyes, one nose, and . . .

2 CONVERSATION Do you want some tea?

▶ Listen and practice.

- Craig** Hi, Nathan. How's it going?
- Nathan** Oh, hi, Craig. Not so well, actually. I don't feel well.
- Craig** Yeah, you don't look so good. What's wrong?
- Nathan** I don't know. I have a stomachache.
- Craig** That's too bad. Do you have the flu?
- Nathan** No, I just feel really sick.
- Craig** Well, can I get you anything? Do you want some tea?
- Nathan** No, but thanks anyway.
- Craig** Well, I'm going to have some pizza. Is that OK? Call me if you need me.



3 GRAMMAR FOCUS

▶ Have + noun; feel + adjective

What's the matter?	How are you?
What's wrong?	How do you feel?
I have a stomachache.	I feel sick.
I have a headache.	I feel better.
I have the flu.	I don't feel well.

Negative adjectives

horrible
awful
terrible
miserable

Positive adjectives

fine
great
terrific
fantastic

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▶ A Listen and practice. "He has a backache."



a backache



an earache



a headache



a stomachache



a toothache



a cold



a cough



a fever



the flu



a sore throat

B CLASS ACTIVITY Imagine you don't feel well today. Go around the class. Find out what's wrong with your classmates.

A: How are you today, Paul?

A: I'm sorry to hear that.

B: I feel terrible. I have a backache.

B: How do you feel?

useful expressions

That's good.
I'm glad to hear that.
That's too bad.
I'm sorry to hear that.

4 LISTENING Are you OK?

A Where do these people hurt? Guess. Write down the parts of the body.



1. Amber _____



2. David _____



3. Alyssa _____



4. Nicholas _____

B Listen to the conversations. Check your guesses.

5 SNAPSHOT

Listen and practice.

Common Remedies



chamomile tea



cough syrup



chicken soup



cold medicine



eye drops



aspirin



antacid



nasal spray



ice pack

What medications or home remedies do you use when you're sick?

What remedies are good, in your opinion? What remedies aren't good?

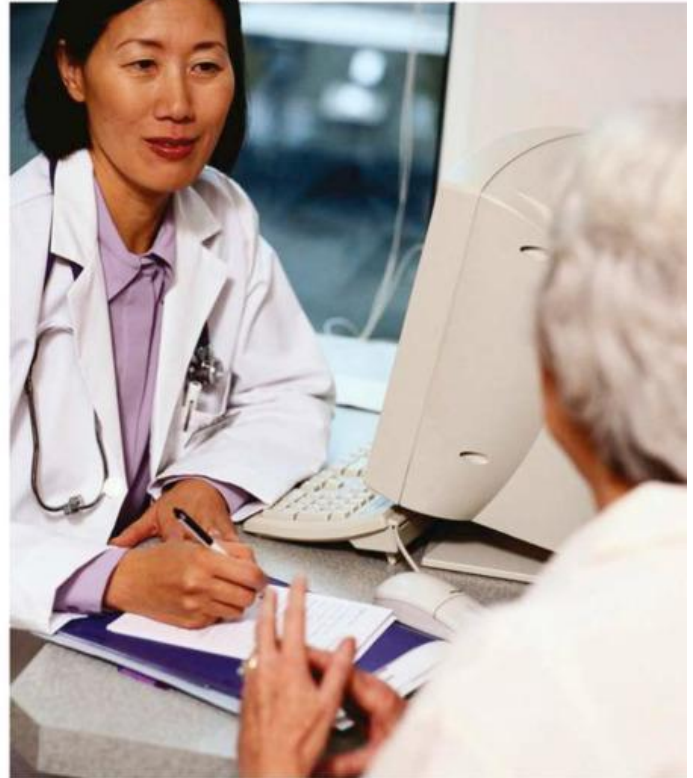
6 CONVERSATION Try to relax.

▶ Listen and practice.

- Dr. Yun** Hello, Ms. Lake. How are you today?
- Ms. Lake** Not so good.
- Dr. Yun** What's wrong, exactly?
- Ms. Lake** I'm exhausted!
- Dr. Yun** Hmm. Why are you so tired?
- Ms. Lake** I don't know. I just can't sleep at night.
- Dr. Yun** OK. Let's take a look at you.

A few minutes later . . .

- Dr. Yun** I'm going to give you some pills. Take one pill every evening after dinner.
- Ms. Lake** OK.
- Dr. Yun** And don't drink coffee, tea, or soda.
- Ms. Lake** Anything else?
- Dr. Yun** Yes. Try to relax.
- Ms. Lake** All right. Thanks, Dr. Yun.



7 LISTENING I think I have a cold.

▶ Listen to Dr. Yun talk to four other patients. What does she give them? Check (✓) the correct medications.

	Cough syrup	Aspirin	Cold medicine	Eye drops	Nasal spray	Ice packs
1. Roberto	☐	☐	☐	☐	☐	☐
2. Courtney	☐	☐	☐	☐	☐	☐
3. Ryan	☐	☐	☐	☐	☐	☐
4. Samantha	☐	☐	☐	☐	☐	☐

8 PRONUNCIATION Sentence intonation

▶ A Listen and practice. Notice the intonation in these sentences.

- | | |
|-------------------|-------------------------|
| Take these pills. | Don't take cough syrup. |
| Drink some tea. | Don't drink coffee. |
| Try to relax. | Don't work too hard. |

B **PAIRWORK** Practice the conversation in Exercise 6 again. Pay attention to the sentence intonation.

9 GRAMMAR FOCUS



Imperatives

Get some rest.

Drink lots of juice.

Take one pill every evening.

Don't stay up late.

Don't drink soda.

Don't work too hard.

GRAMMAR PLUS see page 143

Complete these sentences. Use the correct forms of the words in the box.

✓ call stay not go not drink
see take ✓ not worry not eat

1. _____ Call _____ a dentist.
2. _____ Don't worry _____ too much.
3. _____ a hot bath.
4. _____ to school.

5. _____ in bed.
6. _____ a doctor.
7. _____ coffee.
8. _____ any candy.

10 SPEAKING Good advice?

A Write two pieces of advice for each problem.



1. _____



2. _____



3. _____



4. _____

B **GROUP WORK** Act out the problems from part A. Your classmates give advice.

A: I don't feel well.

A: My feet hurt.

B: What's the matter?

B: I have an idea. Take a hot bath. And don't . . .

11 INTERCHANGE 12 Problems, problems

Give advice for common problems. Go to Interchange 12 on page 126.

A What does your body do to keep you alive? Take the quiz to find out!

DO YOU KNOW

YOUR BODY?

1 The human heart beats about 200 times a minute.

☐ True
 ☐ False

2 Your body loses about 40,000 tiny pieces of skin an hour.

☐ True
 ☐ False

3 Your brain sends billions of signals every minute.

☐ True
 ☐ False

4 Your brain stops working when you're asleep.

☐ True
 ☐ False

5 140 million cells in your eyes help to tell you what you can see.

☐ True
 ☐ False

6 Brain cells do not live in the stomach.

☐ True
 ☐ False

7 Women's hearts beat faster than men's hearts.

☐ True
 ☐ False

8 Your brain makes electricity.

☐ True
 ☐ False

9 Your natural smell changes as you age.

☐ True
 ☐ False

10 Some bacteria (small living things) in your body help you live.

☐ True
 ☐ False



1. False 2. True 3. True 4. False 5. True 6. False 7. True 8. True 9. True 10. True

B Read and answer the quiz. Check your answers. Then answer the questions.

- What does your body lose every hour?
- What part of the body sends signals and makes electricity?
- What is one thing that changes as you age?
- What cells live in the stomach?
- What's another name for small living things?

C **GROUP WORK** What information in the quiz is most surprising? What else do you know about the human body? Tell your classmates.