



I.E. "Horacio Toledo"  
Alma. Destino. Competencia

## VIDEO COMPREHENSION WORKSHEET

Full name: \_\_\_\_\_

<b>PROPÓSITO</b>	Nos comunicamos oralmente en inglés con un video: <i>How cellphones change our bodies and brain?</i> recuperando, deduciendo la información en una ficha de trabajo autónomo mostrando disposición a elegir de manera voluntaria y responsable la propia forma de actuar dentro de una sociedad.
<b>COMPETENCIAS Y CAPACIDADES</b>	<b>CRITERIOS DE EVALUACIÓN</b>
<b>SE COMUNICA ORALMENTE EN INGLÉS COMO LENGUA EXTRANJERA</b> <ul style="list-style-type: none"> <li>Obtiene información de textos orales.</li> <li>Infiere e interpreta información de textos orales.</li> </ul>	<ul style="list-style-type: none"> <li>Recupera información explícita, relevante y complementaria seleccionando datos específicos del video: <i>How cellphones change our bodies and brain?</i> con vocabulario variado y pertinente, reconociendo el propósito comunicativo y apoyándose en el contexto.</li> <li>Integra la información cuando es dicha en distintos momentos o por distintos interlocutores.</li> <li>Deduce información señalando características de seres, objetos, lugares y hechos.</li> <li>Deduce el significado de palabras, frases y expresiones complejas en contexto.</li> <li>Deduce, también el significado de relaciones lógicas (adición, contraste, secuencia, semejanza-diferencia, causa y consecuencia) y jerárquicas (ideas principales y complementarias).</li> </ul>

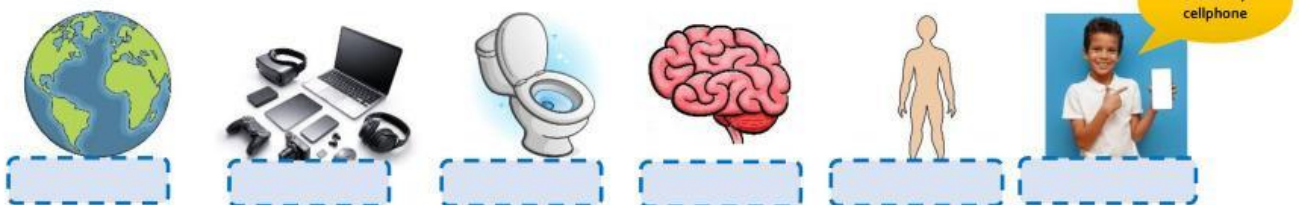
### I. Watch these images of the video and answer, what do you think the video is about



### II. Watch the video and answer the questions:

#### 1. GET INFORMATION:

Use virtual dictionaries and Google images to look up for these words and match them to their images.



gadgets      body      own a cellphone      Earth      working toilet      brain

Listen to the audio and complete the missing spaces with the words above.

Of the \_\_\_\_\_ billion people on \_\_\_\_\_, roughly \_\_\_\_\_ billion \_\_\_\_\_ which is pretty shocking given that only \_\_\_\_\_ and half billion have access to \_\_\_\_\_.  
So, how are these popular \_\_\_\_\_ changing your \_\_\_\_\_ and \_\_\_\_\_?

Complete the spaces with the given options and then complete:

Look down ●

Spine ●

Neck ●



If you're \_\_\_\_\_ at your phone right now your \_\_\_\_\_ angle is equivalent to that of an \_\_\_\_\_ sitting on your \_\_\_\_\_, which is fairly significant considering people spend an average of \_\_\_\_\_ a day looking at their phone.

## 2. INTEGRATE INFORMATION:

Complete the chart according to the video information:

	MYOPIA	NEARSIGHTEDNESS
North America in 1970s		
Today in North America		
Asia		

Order using numbers from 1 to 9

And, it can be hard to put your phone down.

- ☐ and, eventually you're rewarded in the game with new content.
- ☐ Take for example the game Candy Crush.
- ☐ This novelty also gives little bursts of dopamine
- ☐ As you play the game you achieve small goals causing your brain to be rewarded with little bursts of dopamine
- ☐ which just happens to be the same Loop responsible for the behaviors associated with nicotine or cocaine.
- ☐ and together create what is known as compulsion Loop,
- ☐ and this is why apps on our phones are designed to constantly provide us with new content making them hard to put down.
- ☐ Our brains are hardwired to make us novelty seeking

**3. DEDUCE INFORMATION:**

According to this information.

*As a result, \_\_\_\_\_% of \_\_\_\_\_ aged \_\_\_\_\_ to \_\_\_\_\_ report using their smartphone as a tool to avoid \_\_\_\_\_ as opposed to other activities like \_\_\_\_\_ or \_\_\_\_\_ around them*

What are the activities that a young person most probably doesn't like to do?

- a) Use the smartphone to take pictures
- b) Go out with friends
- c) Go to buy books
- d) A and B
- e) B and C

**4. DEDUCE THE MEANING:**

What is the meaning of nomophobia?

- a) The fear or anxiety of being without your phone.
- b) The fear or anxiety of being with your cellphone.
- c) The fear or anxiety of buying a new cellphone.
- d) The fear or anxiety of having a new cellphone.

**5. DEDUCE LOGICAL RELATIONSHIPS:**

Complete the causes or consequences, according to the video:

- This can disrupt your sleep: \_\_\_\_\_
- Diminished deep sleep: \_\_\_\_\_
- Reading on the smartphone: \_\_\_\_\_