

Listen to a student give a presentation about a musician and performer. Underline the correct answer.

- 1 Beyoncé's latest business deals with **perfumes/ games / drinks**.
- 2 Beyoncé's fashion company is named after **her mother / a clothes designer / a computer company**.
- 3 Initially, clothes by Beyoncé's company could be bought in **the US / the US and Canada / the US, Canada, and Brazil**.
- 4 The charity Beyoncé and Kelly Rowland set up dealt with **food / clothing / houses** for people who suffered in the hurricane.
- 5 To raise money for her latest campaign, Beyoncé **released a new song / produced an album with other celebrities / appeared in a concert**.

Select A, B, or C to complete the sentences.

Example: I can't afford \_\_\_\_\_ to a music festival this year.

A going                      B go                      C to go

- 1 I'd rather not \_\_\_\_\_ my alarm clock – it makes such an awful noise!  
A setting                      B to set                      C set
- 2 Our music teacher used to let us \_\_\_\_\_ anything we wanted to.  
A play                      B playing                      C to play
- 3 I'll never forget \_\_\_\_\_ your face when you heard you'd won the lottery!  
A seeing                      B to see                      C see
- 4 I know you're very tired, but please try \_\_\_\_\_ for a few more minutes.  
A concentrate                      B to concentrate                      C concentrating
- 5 My new job involves \_\_\_\_\_ people with their sleep problems.  
A to help                      B help                      C helping
- 6 I'm used \_\_\_\_\_ all genres of music in a crazy mash-up.  
A to listen                      B listening to                      C to listening to
- 7 Remember \_\_\_\_\_ the theater today and see if there are any tickets left for that concert.  
A to call                      B call                      C calling
- 8 Your bedroom needs \_\_\_\_\_. It's a terrible mess!  
A clean                      B to clean                      C cleaning
- 9 Vicky can't help \_\_\_\_\_ when she hears romantic classical music.  
A to cry                      B cry                      C crying

- 10 Your English level \_\_\_\_\_ how much you've been practicing.  
A depend on            B depends on            C depends of
- 11 Try \_\_\_\_\_ your laptop off and then on again. That might fix the problem.  
A turn            B to turn            C turning
- 12 If you're cold I'll recommend \_\_\_\_\_ a comforter. It's the best choice.  
A you to using            B you to use            C using
- 13 Please don't make me \_\_\_\_\_ that song again!  
A listening            B listen to            C to listen to
- 14 I watch a lot of foreign movies so I \_\_\_\_\_ reading subtitles.  
A used to            B get used            C 'm used to
- 15 My kid helped \_\_\_\_\_ my computer. I'm so old now!  
A me fixed            B me fix            C me fixing
- 16 We managed \_\_\_\_\_ the whole house before my parents got back home.  
A to clean            B clean            C cleaning
- 17 My kid goes on \_\_\_\_\_ about the same stuff for hours. She doesn't get bored.  
A talking            B talk            C to talk
- 18 On her way home yesterday, Stacy \_\_\_\_\_ some groceries from the convenience store.  
A stopped buying            B stop to buy            C stopped to buy
- 19 Mathias decided \_\_\_\_\_ more and to try to get into the orchestra.  
A practice            B practicing            C to practice
- 20 My kid really regretted \_\_\_\_\_ attention in Math lessons. He'll have to take more now.  
A not to pay            B don't paying            C not paying

**Choose the correct word, A, B, or C.**

- 1 an instrument you play by blowing into it  
A a violin            B a flute            C a cello
- 2 the extra piece that performers do when the audience asks them to come back  
A encore            B genre            C concerto

- 3 a musical instrument that you hit with sticks  
 A piano                      B cello                      C drums
- 4 a large group of people who sing together  
 A symphony                      B choir                      C orchestra
- 5 a person who directs an orchestra  
 A host                      B performer                      C conductor
- 6 a string instrument that is played with the hands  
 A bass guitar                      B violin                      C cello

**b Select A, B, or C to complete the sentences.**

Example: At the end, the singer was presented with a \_\_\_\_\_ of flowers.

A bouquet    B macchiato    C croissant

- 7 You look very \_\_\_\_\_ in that dress and boots.  
 A chic                      B romantic                      C psychic
- 8 Country isn't my favorite musical \_\_\_\_\_.  
 A encore                      B genre                      C ballet
- 9 I think my best friend's \_\_\_\_\_ – she always seems to know what I'm thinking!  
 A psychologist                      B chic                      C psychic
- 10 Wouldn't it be great to have a \_\_\_\_\_ to drive us everywhere?  
 A chauffeur                      B chef                      C barista

**Read the article about music and mood. Five sentences have been removed. Which sentence A-F fits each gap (1-5)? There is one extra sentence you do not need to use.**

## Music and Mood

The helpful effects of music on mental health have been known for thousands of years. Ancient philosophers from Plato to Confucius sang the praises of music and used it to help deal with stress. (1     ) Military bands use music to build confidence and courage. Sporting events provide music to build up enthusiasm. Modern research carried out by several psychologists supports what most people believe about music benefitting mood and confidence.

Because of our unique experiences, we develop varied musical tastes and preferences. (2     ) Babies, for example, love lullabies. Maternal singing is particularly calming, even if a mother has no formal musical talents. Certain kinds of music make almost everyone feel worse – even when they say they enjoy it. A study of 144 adults and teenagers who listened to four different kinds of music showed that their emotions changed according to the music. Grunge music, which has a lot of guitar and drums, for example, led to significant increases in negative emotions such as sadness, tension, and fatigue across the entire group, even in the teenagers who said they liked



it. In another study, college students reported the opposite when they listened to pop, rock, classical music, and oldies – songs from more than 15 years ago. They said it helped them feel happier and more optimistic, friendly, relaxed, and calm.

Everyone who has learned the alphabet knows that it is easier to memorize a list if it is set to music. Scientific research supports what many people believe – that pairing music with a musical rhythm improves learning and helps people to remember things. (3 ) First of all, it can be used as a reward when someone behaves in the required way. For example, for paying attention to homework for ten minutes, a child can be given the opportunity to listen to music for five minutes. Second, it can be used to help increase attention to “boring” academic tasks such as memorization, using songs, rhythms, and dance or movement to enhance the interest of the lists to be memorized. Instrumental music is great for improving attention and reasoning and for students, playing background music is not distracting. Lastly, music can be used to help organize activities – one kind of music for one activity (studying), another for a different activity (eating), and a third kind for going to bed.

Many people find familiar music comforting and calming. In fact, music is so effective in reducing anxiety, it is often used in by dentists or by doctors just before performing an operation to help patients cope with their concerns. (- 4 ) Any kind of relaxing, calming music can contribute to calmer moods. It is often combined with cognitive therapy to lower anxiety. Some studies suggest that specially designed music, which includes certain tones, can help improve symptoms in anxious patients even more than music without these tones; listening to this music without other distractions (not while driving, cooking, talking, or reading) promotes the best benefits.

Since ancient times, it has been known that certain kinds of music can help soothe away stress. Calming background music can help patients in the hospital feel less bad-tempered. It can also help elderly patients in nursing homes who are very sick feel calmer. Music, wisely chosen, lowers stress hormone levels. (5 ) Knowing that certain kinds of music can reduce stress is one thing. Being attentive in choosing what kind of music to listen to is another. So, choose your music as carefully as you choose your food and friends.

- A Music helps decrease worries in the elderly, new mothers, and children, too.
- B And in modern times, shopping malls play music to attract customers and keep them in the store.
- C This can be used to help children and teenagers with attention problems in several ways.
- D However, it’s difficult to explain how exactly it works.
- E On the other hand, parents of teenagers know that certain kinds of music, particularly at high volumes, can cause stress.
- F Despite these differences, however, there are some common responses to music.