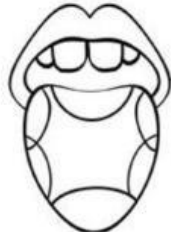


**LESSON 3 - From Tasting to Digesting**

**Q.1 The part of the tongue tastes bitter-**

- a) Front.
- b) Back.
- c) Middle.
- d) All.



**Q.2 Nitu was given a glucose drip because**

- a. She enjoyed the taste
- b . She was very weak
- c. She was allergic to normal food
- d. She had low blood sugar levels



**Q.3 We should chew well and eat slowly because**

- a) We can enjoy our food for more time
- b) It makes food more tasty.
- c) It helps in proper digestion of food.
- d) It helps in proper utilisation of food.

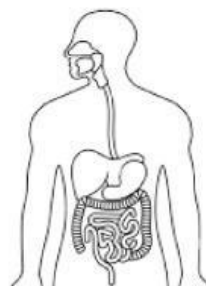


**Q.4 The solution is given when a person has vomiting and loose motions.**

- a) ORS.      b) Fruit juice.      c) Milk.      d) None.

**Q.5 Which food item took the longest to digest according to Dr. Beaumont's observation table?**

- a. Un boiled milk
- b. Boiled milk
- c. Full boiled egg
- d. Raw egg, beaten



**Q.6** \_\_\_\_\_ appears on moist bread when it is kept for a few days.

- a) Bacteria    b) Fungus    c) Virus    d) Algae



**Q.7** \_\_\_\_\_ precautions are taken when filling glass jars with pickles?

- a) Drying the jars in the sun  
b) Washing the jars with soap and water  
c) Sterilizing the jars with boiling water  
d) Filling the jars while still warm



**Q.8 Which is not a food preservation method?**

- a) Boiling food    b) Drying food    c) Freezing food    d) Rotting

**Q.9 Which of the following is a sign of food spoilage?**

- a) Mold growth  
b) Sliminess  
c) Foul smell  
d) All of the above



**Q.10 Which of the following can be kept fresh by wrapping it in a damp cloth?**

- a) Cooked rice    b) Onion, Garlic    c) Green Corriander    d) All the these