Here's a list of popular food items that young people often buy when grocery shopping, what things do you usually buy?

Snacks and Treats

- Chips and popcorn
- Chocolate bars or candy
- Ice cream or frozen yogurt
- Energy bars or granola bars

Beverages

- Sodas and flavored water
- Coffee, energy drinks, or tea
- Smoothies or fruit juices

Quick and Easy Meals

- Instant noodles or mac and cheese
- Frozen pizzas or burritos
- Pre-packaged salads or sandwiches
- Ready-made soups or microwave meals

Breakfast Items

- Cereal and oat milk
- Yogurt or dairy-free alternatives
- Eggs and bagels
- Peanut butter or Nutella

Essentials

- Pasta, rice, or quinoa
- Bread (including whole grain and sourdough)
- Milk (dairy or plant-based)
- Cheese and deli meats

LIVEWORKSHEETS

"Getting ready to go grocery shopping, what should we include on our shopping list?"

A: Hey! **Do you have any bread or butter at home?**
B: Yeah, I have **some** bread, but I'm out of butter.

A: Oh, that's okay. What about eggs? **Do you have any?**
B: I have **some** eggs, but I should get **some** soon.

A: Do you have any fruit? Maybe apples or bananas?
B: I've **some** apples, but I don't have **any** bananas. They go bad too fast!

A: Hmm... **Do you have any cheese or yogurt?**
B: I have **some** cheese, but I finished the yogurt this morning.

A: Oh, I see. **Do you have any leftovers from dinner?**
B: Actually, yes! I have **some** pasta and a bit of salad.

A: That sounds nice. You eat a balance diet.
B: What about you?

A: Well, let me see....

LIVEWORKSHEETS

Circle the correct option to complete the conversation

A: What do you want for lunch, Amy?
B: Let's just make **some** / **any** pasta.
A: Good idea. We have **some** / **any** pasta.
B: Let's see. We have **some** / **any** carrots. We don't have **some** / **any** tomatoes.
A: OK, I can get **some** / **any** at the store. What else?
B: Do we have **some** / **any** cheese?
A: No, we don't have **some** / **any**. I can get **some** / **any**

LIVEWORKSHEETS