

# TruStworthy Choice Board



## Defining

### Trustworthiness:

Write your own definition of trustworthiness. Think of someone you trust and describe what they do that makes them trustworthy.

## Being Honest:

Write about why honesty is an important part of being trustworthy. Think of a time when being honest helped you build trust with someone else.

## Keeping Promises:

Think about a promise you made to someone. Write about why keeping promises is important for being trustworthy and how it feels when someone keeps a promise to you.

## Trust and Responsibility:

Write about how being responsible is connected to trustworthiness. Give an example of how you can be responsible to show you are trustworthy.

## Building Trust:

Write about how you can build trust with a new friend or classmate. Include actions like being honest, keeping their secrets, and showing respect.

## Apologizing When Needed:

Write about a time when you made a mistake that affected someone else's trust in you. Reflect on how apologizing and making things right can help rebuild trust.

## Trustworthiness in Teams:

Write about how being trustworthy is important when working on a team or group project. Think about how teammates rely on each other to be honest and dependable.

## Handling Secrets:

Write about a time when someone trusted you with a secret. Reflect on why it's important to keep that secret to show trustworthiness.

## Being True to Your

### Building Trust:

Write about how you can build trust with a new friend or classmate. Include actions like being honest, keeping their secrets, and showing respect.

## Reflecting on Broken

### Apologizing When Needed:

Write about a time when you made a mistake that affected someone else's trust in you. Reflect on how apologizing and making things right can help rebuild trust.

## Trustworthiness in

### Trustworthiness in Teams:

Write about how being trustworthy is important when working on a team or group project. Think about how teammates rely on each other to be honest and dependable.

## Daily Acts of

### Handling Secrets:

Write about a time when someone trusted you with a secret. Reflect on why it's important to keep that secret to show trustworthiness.

## Creating a

### Trustworthiness Poster:

Design a poster that shows what it means to be trustworthy. Include words or phrases like "honesty," "dependability," and "integrity."

## Trustworthiness in Friendships:

Write about how you can show trustworthiness to your friends. Think about how being reliable and supportive makes you a better friend.

## Earning Trust:

Write about how someone earns your trust over time. What qualities do they need to show? Reflect on how you can earn trust from others in the same way.

## Reflecting on

### Trustworthiness:

Think about a person who has shown great trust in you, like a parent, teacher, or coach. Write a letter thanking them for their trust and how you plan to continue being worthy of it.