



Listening Activity – Daily Routine

Practice daily routine vocabulary in the simple present tense through listening activities.

Part 1: Listen and Complete the Sentences (Audio 1)

Listen to Audio 1 and complete the sentences using the correct form of the verbs in the simple present tense.



1. Every day, I _____ (wake) up at 6 AM.
2. After eating breakfast, she _____ (drink) coffee and _____ (go) to work.
3. At work, I _____ (write) emails and _____ (attend) meetings.
4. In the evening, she _____ (exercise) and _____ (rest) at home.
5. She _____ (watch) TV for an hour before going to bed.

Part 2: Match the Activities with the Times (Audio 2)

Listen to Audio 2 and match the activities with the correct times of the day.



Starts school

Goes to bed

Plays soccer

Eats breakfast

Wakes up

7:00 A.M.



7:30 A.M.



8:30 A.M.



2:00 P.M.



9:30 P.M.



Part 3: Number the activities (Audio 1)

Look at the pictures and number them based on the order of activities described in Audio 1.



**Go to
work**

**Write
emails**

**Go to
bed**

**Cook
dinner**

**Eat
breakfast**

1. _____



2. _____



3. _____



4. _____



5. _____



Part 4: Choose the Correct Option (Audio 2)

Choose the correct option based on the sentences heard in Audio 2.



SENTENCES

- 1 I (wake/ wakes) at 7:00 AM.
- 2 He (take / takes) a shower.
- 3 I (eat / eats) lunch with my friends.
- 4 He (do / does) homework.

Part 5: Choose the Correct Option (Audio 1 and Audio 2)

Choose the correct sentence option based on the sentences heard in both Audios.

1

She go to school by car

☐

She goes to school by car

☐

2

I eat breakfast in the morning.

☐

I eats breakfast in the morning.

☐

3

My sister help to clean the house after school.

☐

My sister helps to clean the house after school.

☐