INSPIRED TOTS EARLY LEARNING CENTRE
Joseph Akande Close, New Haven Rantya,
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Cellphone: 08068681147, 08064937490, email: inspirddtelc@gmail.com
HEALTH EDUCATION FIRST TERM ASSESSMENT 2024/2025 SESSION
5TH GRADE NAME _____

Instruction: Complete the sentences using the words in the box.

blood	heart	oxygen	lungs	blood vessels

1) The _____ is a muscle about the size of your fist.
2) It pumps _____ throughout your body all the time through _____
3) When blood is pumped throughout your body, it contains _____ and other substances.
4) After blood has moved throughout your body, it is pumped to your _____, where it collects more oxygen.
5) Match each blood vessel with its correct feature.

Vein . . very thick walls

Artery . . very thin walls

Capillary . . carries blood to the heart

6) White blood cell and _____ are germ fighter.
   a. Cardiovascular b. oxygen c. heart d. platelets
7) The colour of blood in the veins is _____
   a. Blue b. ribcage c. red d. away
8) Red blood cells transport _____
   a. Bone marrow b. oxygen c. carbon dioxide d. water
9) A blood clot on your skin is called _____
   a. Scalp b. scab c. scap d. scratch
10) If the body does not have enough vitamin K, the blood will not _____ even from a small cut or scratch.
   a. cloth properly b. heal properly c. clot properly d. grow properly

LIVEWORKSHEETS

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11)In order to keep your body supplied with nutrients and oxygen, the cardiac muscle contracts around _____ times a minute.
a. 90 b. 85 c. 150 d. 67

12)The right atrium receives blood containing _____
a. Dissolved carbon dioxide b. dissolved oxygen c. raw air
d. digested food nutrient

13)Blood purification takes place in _____.
a. Heart b. small intestine c. kidney d. lungs

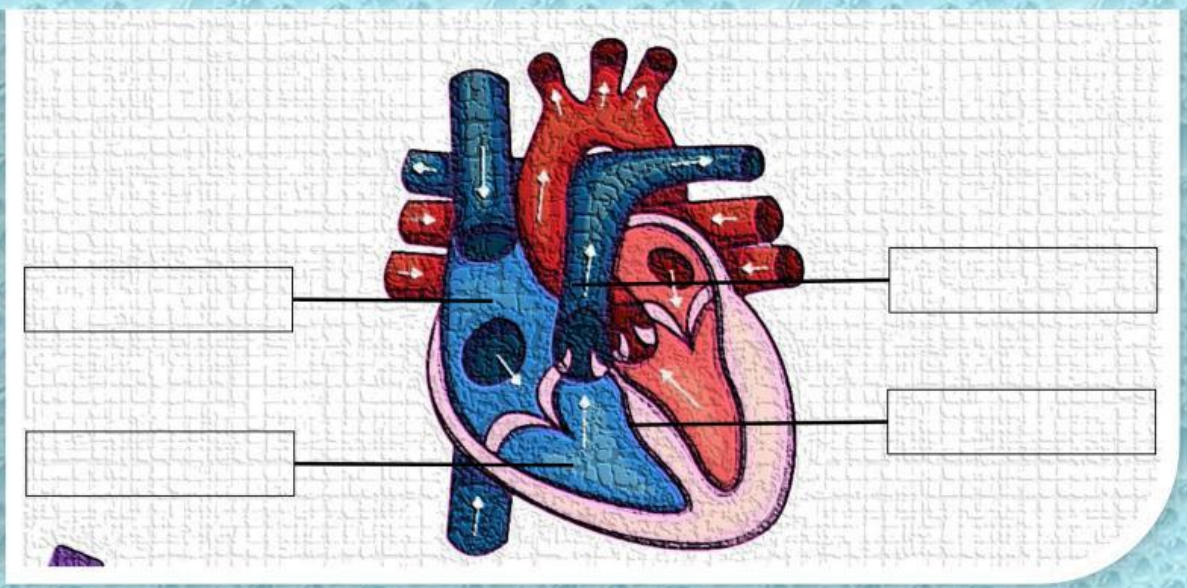
14)The continuous flow of blood around and around the body is called _____
a. Transportation b. Respiration c. circulation d. reproduction

15)The expanding of the arteries after each heartbeat is called a _____
a. Pulse b. Pause c. Plus d. expansion

16)Sleep _____ the heart while excitement and exercise _____ it up.

INSTRUCTION: Label the four chambers of the heart. Use the words in the box to help you.

right atrium	left ventricle	left atrium	right ventricle



LIVEWORKSHEETS