Optimise B1+

Student name _____

Group/Class _____

Date _____ Score _____

LISTENING

1 Listen to the five extracts. Choose from A–H what each speaker says about making friends. There are three letters you do not need. Unit 7 Listening

A I don't tend to confide in the people who I'm friends with.

B At first, other children didn't want to be friends with me.

C Our relationship started when something amusing happened.

D I don't feel comfortable chatting to new people.

E I have very little contact with my good friends.

F I don't get to see my friends as much as I'd like.

G I've never been very successful at making new friends.

H I have so many friends that I don't have much time for myself.

Speaker 1: ☐

Speaker 2: ☐

Speaker 3: ☐

Speaker 4: ☐

Speaker 5: ☐

Score: / 5

GRAMMAR

2 Choose the correct answers (A, B or C).

1 He doesn't speak very good French _____ he's lived in Paris for three years.

A despite **B** even though **C** however

2 _____ the bad weather, we managed to have a good time.

A In spite of **B** Even though **C** However

3 He's going to help us _____ I don't think he wants to.

A although **B** however **C** despite

4 My mum helped me with homework _____ having a headache.

A in spite **B** although **C** despite

5 _____ of the fact that the train left late, we still arrived on time.

A Despite **B** Although **C** In spite

Score: / 5

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LIVEWORKSHEETS

3 Complete the second sentence so that it means the same as the first. Use between one and three words.

1 Miriam decided to go by train despite being more expensive than the bus.
Although _____ more expensive than the bus, Miriam decided to go by train.

2 Although you don't know them, you could have said hello.
You could have said hello despite _____ you don't know them.

3 The swimming pool was lovely but the water was very cold.
The swimming pool was lovely. _____, the water was very cold.

4 Even though we haven't got much money, we can still have a good time.
We can still have a good time despite _____ much money.

5 In spite of the fact that she works very hard, Berta hasn't passed the course.
In spite of _____, Berta hasn't passed the course.

Score: / 5

4 Complete the second sentence so it has a similar meaning to the first. Do not change the word given. Use two to five words, including the word given.

1 My sister is looking after the cats today.
The cats _____ by my sister today. ***LOOKED***

2 The school has chosen me to read a poem in the concert.
I _____ to read a poem in the concert. ***BEEN***

3 He didn't take the books back to the library on time.
The books _____ to the library on time. ***BACK***

4 We sold almost every ticket before the show.
Almost _____ before the show. ***SOLD***

5 I don't think they will give him a prize.
I don't think _____ a prize. ***BE***

Score: / 5

VOCABULARY

5 Choose the correct answers (A, B, C or D) to complete the text.

The best thing about my friend Hayley is that she's always there to **(1)** _____ me. Last year was a difficult one for me because I had my final exams at school. I was also involved in a theatre group and I was preparing for a **(2)** _____ of Romeo and Juliet. It was all too much for me and one day I got really upset at school. When Hayley found out, she came **(3)** _____ to my house after school to talk about it. She said that whatever the problem, I could **(4)** _____ on her help. That meant a lot to me and it made me realise that our **(5)** _____ is one of the most important things in my life.

1	**A** count	**B** gossip	**C** get on	**D** support
2	**A** perform	**B** performance	**C** performing	**D** performer
3	**A** about	**B** on	**C** round	**D** with
4	**A** count	**B** confide	**C** keen	**D** drop in
5	**A** friend	**B** friendly	**C** friendship	**D** friendliness

Score: / 5

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6 Choose the best answer (A, B or C) to complete the text.

On our last holiday we went to the Pyrenees, which is a **(1)** ____ on the border of France and Spain. It stretches more than 400 kilometres, from the Atlantic to the Mediterranean **(2)** ____ . We stayed on a campsite in a green **(3)** ____ right below a giant a snow-capped mountain. There was a beautiful **(4)** ____ with crystal-clear water running through the campsite. Every day we looked up at the **(5)** ____ of the mountain and said we were going to climb it but we never did. The campsite was so nice we just stayed there all day!

1	**A** mountain	**B** volcano	**C** mountain range
2	**A** coast	**B** river	**C** stream
3	**A** hill	**B** valley	**C** slope
4	**A** waterfall	**B** stream	**C** path
5	**A** summit	**B** cliff	**C** track

Score: / 5

READING

Queenstown Outdoor Activities

Queenstown is a paradise for lovers of the great outdoors. Situated on the shores of Lake Wakatipu in New Zealand's South Island, Queenstown offers amazing views of the water and the surrounding snow-capped mountains of the Southern Alps. Here are just a few of the activities you can do there.

A Hobbit Tour

If you're a Tolkien fan, then you won't want to miss this amazing tour of the mountains, glaciers and waterfalls, where *The Lord of the Rings* and *The Hobbit* films were made. Starting with a helicopter ride over nearby Mount Earnslaw, you can experience some of the awe-inspiring scenery which you are sure to recognise from the films. You will then be transferred to a four-wheel drive vehicle for a closer look at some of the films' other locations around Queenstown. The tour does involve some trekking, so you should wear outdoor clothing and bring some water. But most importantly, don't forget your camera!

B Cycling at the Rabbit Ridge Bike Resort

Situated in Gibbson Valley, just outside Queenstown, the resort, which offers access to bikes, extends over 40 kilometres of hills and flatter terrain. The bike trails within the Rabbit Ridge resort are popular with cyclists looking for an adrenaline-filled downhill experience, but if you're looking for something more relaxed, don't worry. There are gentler trails, which are suitable for inexperienced riders, as well as workshops for those new to the sport. You can take your own bike, but if you don't have one, there are packages which include bicycles and helmets. I'd definitely recommend buying one of these complete tours to save money. And if you're not feeling very energetic, you can even hire an electric bike!

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C Skyline Stargazing

If you love the stars and want something to do in the evening, this is the activity for you. The package includes a ride up to the top of Bob's Peak on the Skyline Gondola. The Gondola is a cable car which takes you 450 metres above Queenstown, giving you breathtaking views of Lake Wakatipu below and the mountains in the distance. From the top of the mountain, you will have clear views of the night sky. It's perfect for stargazing and our modern telescopes will let you see the stars as you've never seen them before. Make sure you bring warm clothes for this tour as temperatures can get very low at the top!

D Bungee Jumping at the Kawarau Bungy Centre

Kawarau is well-known by extreme sports enthusiasts because it's the place where commercial bungee jumping was born in the 1980s. It involves attaching an elastic rope to your feet and jumping off a tall structure like a bridge or a cliff. Jumpers have the experience of free-falling to earth but the rope stops them from actually hitting the ground. Many people say that it's the most exhilarating experience of their life. At Kawarau, visitors can go on a tour which explains the history of bungee jumping, but most people go there to jump off the famous bridge where it all started. And if you're nervous about jumping on your own, don't worry – you can do a tandem jump attached to a friend!

7 Read the article. For each question, choose from the activities A–D. The activities may be chosen more than once.

Which activity

1 is good if you lack experience? ____
2 requires you to do some walking? ____
3 offers the option to be attached to a friend if you're scared to do it alone? ____
4 has a historical connection to the place where you do it? ____
5 implies it takes place in a cold location? ____

Score: /5

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