

Task 1. Give the correct word form of these words in brackets.

1. I can't _____ on my studies. (**concentration**)
2. Whenever I feel _____, I can work better . (**relax**)
3. There are 3 ways to lead a _____ lifestyle: eating food, drinking fluids, and exercising. (**health**)
4. Let's do more _____ activities like sport and housework to keep us fit and active. (**physic**)
5. Getting enough sleep is really _____ (**importance**)
6. Smoking is _____ to your health. (**harm**)

Task 2. Complete the sentences with the correct form of the verbs in brackets.

1. Remember (**bring**) _____ umbrella, or you (**get**) _____ wet.
2. My friend advised me (**do**) _____ more exercise.
3. My brother (**gain**) _____ three kilos since he (**eat**) _____ a lot of chocolate.

Task 3 .Complete sentences, using the given (SUGGESTED) words and phrases. You may have to change the words or add some

1. Jimmy/ keen/ collect/ bottles. He / make/ lot of / beautiful vase / his free time.
.....

2. Jaki / interested/ arranging flowers?
.....?

3. Sit/ front of /TV/ too close/ not/ be/ good/ your eyes
.....

4. Vivian/ always/ adores/ swim/ and/ other outdoor activities
.....

5. Frank / not/ like/ fish/ because/ he/ hate/ the bones
.....

Task 4.Rewrite these sentences that it means the same as the sentence printed before it.

1. Ryan spent 3 hours cleaning up his room.

It

2. Watching TV is more interesting than doing housework.

I prefer

3. Jessica thinks that doing exercise regularly is healthy.

Jessica finds.....