

1. Rushing through my morning routine without a plan often feels like **a recipe for disaster**, leading to missed appointments and forgotten essentials. **Do you agree?**
 2. When I visited Antigua, I love to **cook up a story** to share with my friends; people are always intrigued! **What about you?**
 3. The new café in Zone 1 **has all the ingredients of** a perfect hangout: cozy ambiance, friendly staff, and delicious coffee. **Do you think atmosphere is important when choosing a café?**
 4. Sometimes, it's better to **let someone stew in their own juice** after a mistake; they might learn more from the experience than from my advice, **Do you believe letting someone figure it out on their own is helpful?**
 5. I tried a local dance class last week, but it was definitely **not my cup of tea**; I prefer a more intense workout at the gym. **Have you ever tried something that didn't suit you?**
 6. During interviews for new positions, I feel like I'm being **grilled** on my weaknesses; it's nerve-wracking but helps me grow. **Do you think tough questions are beneficial during interviews?**
1. I realized my plan to start my own startup but it is a bit **half-baked**; I needed to research more before jumping in. **Do you agree that research is crucial before starting something new?**
 2. To **spice up** my daily routine, I started exploring new hobbies like cooking traditional dishes **Do you think trying new hobbies can make life more exciting?**
 3. I overheard **something unsavoury** about the politics in the last days, which made me rethink my approach to what will happen in the next years . **Is it important to be cautious about it ?**
 4. My friendship with someone from Xela **turned sour** after that heated debate about sports; **Have you ever had a friendship impacted by a disagreement?**
 5. I heard **something juicy** about the new restaurant opening in Zone 4 that could change everything—can't wait to see how it unfolds! **Are you excited about trying new restaurants in your area?**

Food metaphors

1. a **recipe** for disaster.
 2. **Cooke up** a story
 3. To have **all the ingredients** of ...
 4. **Let someone stew/ stew in your own juice**
 5. Not **my cup of tea**.
 6. **Grilled** a person
 7. **Half-baked**
 8. **To spice up** something
 9. Something **unsavoury**
 10. Something **turnes sour**.
 11. Something **juicy**.
- a. [situation sure to lead to problems]
 - b. [made up, invented]
 - c. [all the necessary characteristics]
 - d. [worry or suffer, especially about something you think is that person's fault;]
 - e. [not the type of thing that I like]
 - f. [asked a lot of questions]
 - g. [unrealistic or not thought through properly]
 - h. [make more lively]
 - i. [unpleasant, morally offensive]
 - j. [goes wrong]
 - k. [exciting and interesting]

1. Planning the event without any help was truly _____.
2. During our camping trip, I _____ about the time I met a famous celebrity.
3. The new restaurant downtown seems to _____ a perfect dining experience.
4. After the argument, I decided to _____ instead of confronting them right away.
5. I tried that new workout class, but it was _____.
6. During the interview, I felt like they were really _____ me with tough questions.
7. My initial idea for the project was a bit _____ and needed more planning.
8. I wanted to _____ my routine, so I decided to try a new hobby.
9. I overheard _____ about a colleague that made me question my opinion of them.
10. Our friendship _____ after that misunderstanding.
11. I heard _____ about the recent developments in the company that everyone is talking about.

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FOO





Complete the idea with one of the questions

1. When was the last time ...
2. Have you ever ...
3. Are you the kind of person who...

1. a recipe for disaster.
2. Cooke up a story
3. To have all the ingredients of ...
4. Let someone stew
5. Not your cup of tea.
6. Grilled a person
7. Half-baked an idea or plan
8. To spice up something
9. Something unsavoury
10. Something turned sour.
11. Something juicy.