



1

Routines

Paula is an American woman who works in Tokyo. Listen to her interview with Alan and complete the table.

	Alan	Paula
I get up at	7 am	
I leave home at	7:45 am	
I go to work by	car	
I get to work at	8:45 am	
I finish work at	5 pm	
I get home at	6 pm	
I go to bed at	11 pm	

Look at Table 1 in Exercise 5. Complete the sentences about Alan:

1. Alan _____ at 7 o'clock.
2. He _____ home at 7:45.
3. He _____ to work by car.
4. He _____ to work at 8:45.
5. He _____ work at 5 o'clock.
6. He _____ home at 6 o'clock.

Now talk about Paula's routine.



2

Questions

Listen again and complete the interview:

Alan: So, tell me about your typical day. What time _____¹?

Paula: I get up early - at seven o'clock.

Alan: What time _____² home?

Paula: After I take a shower and have breakfast, I leave home at eight o'clock.

Alan: How _____³ to work?

Paula: I go by train. My office is very far from my home.

Alan: What time _____⁴ to work?

Paula: I get to work 90 minutes later, at half past nine.

Alan: _____⁵ your work?

Paula: Yes, I do. I meet a lot of interesting people.

Alan: What time _____⁶?

Paula: I finish work at seven o'clock. It's a long day.

Alan: And what time _____⁷ home?

Paula: I get home at half past eight.

Alan: What time _____⁸ to bed?

Paula: I don't go to bed late. I go to bed at ten o'clock.

3

Interview your partner

Look at Table 2 in Exercise 5. Ask your partner about his/her job. Ask and answer questions about your partner with another student. Example:

"What time does he/she get up?"

"He/She gets up at 7 o'clock."