unit **1 Teens' interests**

Reading

[A]

Name		No.	Class
Date	Mark	Teacher	

Read the text.

Volcano boarding in Nicaragua



In May, Thomas and I decided to try volcano boarding for the very first time. Our friend James told us about his experience, and we knew it was something we wanted to do. So, we got on a plane and flew to Nicaragua – a country of 19 active volcanoes. We heard that climbing up a volcano was one thing, but sledding down[1] on a wooden board was another. It's hot, dusty[2], a little scary and one of the craziest things ever!

The board needed to do volcano boarding is basically a rectangular sled with a rope, and you use your feet to drive and control speed. You should wear comfortable clothes when practising volcano boarding. You also have to put on some overalls to protect your clothes, some face goggles to protect your eyes and some gloves. It's also a good idea to wear a mask to cover your face from all the dust.

James told us to go to *Cerro Negro*, the youngest volcano in Central America. When we arrived, we climbed all the way to the top on a very hot day. After about 45 minutes, we reached the summit, which is the highest point of the volcano. I prepared myself mentally for this exciting event that was about to happen while Thomas was putting on his goggles. Then, I sat on my board, grabbed the rope in the front and started my adventure. The board was hard to control and the faster I went, the more volcanic dust got on my face. My heart was racing the whole way down and I felt the adrenaline rising. I saw Thomas next to me, standing on his board like he was snowboarding. He loves being adventurous. Almost at the end, I tried to make my board go slower, but it was difficult to control. So, I fell off and finally got the board to stop. I had volcano dust everywhere: in my mouth, my ears, my nose, my socks, everywhere... But it was worth every second.

Of course there's always risk involved when you do adventure sports like sandboarding, biking or surfing. However, if you're brave enough to try to board down an active volcano, it's an experience of a lifetime. In fact, Thomas and I are already preparing our next adventure: ice swimming in Finland. Want to join?

Miriam, 33

https://adventurousmiriam.com (abridged and adapted)

[1]sledding down: descer de trenó
[2]dusty: poeirento

LIVEWORKSHEETS

A **Label the photos using words from the text.**







1._____ 2._____ 3._____

B **Find sentences in the text that prove that:**

1. going up a volcano was much different than coming down.

_____

2. it's important to protect your hands and face from the dust when you're sledding down.

_____

3. they reached the top of the volcano in less than an hour.

_____

4. extreme sports are most times very risky.

_____

C **Match the words on the left to their meaning on the right. There are two extra options.**

scary (line 8)	1	a	to keep safe
to protect (line 13)	2	b	arrived at a destination
reached (line 17)	3	c	to feel bored
grabbed (line 19)	4	d	courageous
brave (line 27)	5	e	frightening
		f	going down
		g	held with force

D **Answer the questions about the text.**

1. Why did Thomas and Miriam decide to try volcano boarding?

_____

2. What type of board is needed for volcano boarding?

_____

3. How was Miriam feeling during this experience?

_____

4. What is their next adventure?

_____

Editable and photocopiable © Texto | *What's up 8*

LIVEWORKSHEETS