

## 1 Circle the present simple or continuous.

- 1 We play / We're playing a big hockey match on Friday.
- 2 After a marathon, the body needs / is needing plenty of liquids.
- 3 It's almost match time and thousands of spectators arrive / are arriving at the stadium.
- 4 I join / I'm joining a karate club next month.
- 5 What are you thinking / do you think? Should we take part in the competition or not?
- 6 Every year my school gives / is giving students the chance to visit another city.
- 7 Chris doesn't score / aren't scoring any goals because he's a goalkeeper.
- 8 It's half time and United beat / are beating City two-nil.

## 6 Put the verbs in the correct form of the present simple or continuous.

**A:** Now, on today's show we have Isabella Birk, she <sup>1</sup> ..... is sitting ..... (sit) right here on our sofa and she is Britain's youngest surfing champion. So tell us, Isabella, <sup>2</sup> ..... (train) every day?

**B:** Not every day. It depends on the weather. The wind <sup>3</sup> ..... (generate) big waves, small waves. I have to wait and see.

**A:** We have a clip of you at the UK Championship last month. Can you tell us what's happening here on the screen?

**B:** So, here I <sup>4</sup> ..... (paddle) and I <sup>5</sup> ..... (wait) for the wave to come. This was quite a big wave as you can see. And now I <sup>6</sup> ..... (try) to keep my balance.

**A:** Fantastic. You're doing it very well. Tell us, <sup>7</sup> ..... (want) to be a professional one day?

**B:** I would like to, but I know it's difficult to become a pro. I <sup>8</sup> ..... (love) surfing. We'll see.

**A:** And what are your plans for the rest of the year? <sup>9</sup> ..... (enter) any more tournaments?

**B:** Yes, I am. In July, I <sup>10</sup> ..... (travel) to California with Surfing England to take part in my first international competition.

**A:** Isabella, best of luck and thank you for being with us today.