

TEST UNIT 10

I. Phonetics.

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|--------------------------|----------------------|-------------------------|-------------------|
| 1. A. <u>n</u> eck | B. m <u>e</u> dicine | C. r <u>e</u> st | D. f <u>e</u> ver |
| 2. A. s <u>a</u> ve | B. b <u>a</u> ck | C. vacc <u>i</u> nation | D. p <u>a</u> le |
| 3. A. m <u>e</u> dicine | B. f <u>e</u> ver | C. sn <u>ee</u> ze | D. s <u>ea</u> t |
| 4. A. br <u>ea</u> kfast | B. br <u>ea</u> d | C. h <u>ea</u> d | D. gr <u>ea</u> t |
| 5. A. b <u>oo</u> k | B. f <u>oo</u> d | C. f <u>oo</u> t | D. g <u>oo</u> d |

II. circle the odd one out

- | | | | | |
|----------------|-------------|-------------|-----------|-------|
| 1. A. shoulder | B. neck | C. vaccine | D. back | _____ |
| 2. A. rest | B. exercise | C. vaccine | D. sneeze | _____ |
| 3. A. cough | B. stomach | C. fever | D. cold | _____ |
| 4. A. bandage | B. cough | C. sneeze | D. bruise | _____ |
| 5. A. cold | B. brain | C. backache | D. fever | _____ |

III. circle the best answer.

1. We _____ cut down trees because animals lose their homes.
 A. shouldn't B. wouldn't C. aren't D. doesn't

2. You _____ go to school when you're sick.
 A. shouldn't B. should C. must D. can

3. I'm allergic to flowers and always _____ when I'm close to them.
 A. laugh B. sneeze C. cry D. shout

4. Your brain is inside your _____, and it's your body's computer.
 A. heart B. head C. muscle D. skin

5. Why are vaccinations important? They protect us from _____.
 A. exercises B. injuries C. diseases D. muscle pain

6. Flu can be a serious illness; you can also suffer from _____ and colds.

- A. fevers B. bruises C. aches D. sneezes

7. _____ your hands before you eat to avoid germs.

- A. Wash B. Shake C. Dry D. Clap

8. If you hurt your arm or leg, you should put this around it. It's called a _____.

- A. blanket B. earrings C. bracelet D. bandage

9. When you're sick, you should _____ to help recover faster.

- A. exercise B. rest C. work D. travel

10. You have this when you're sick. Your body is hot. It's called a _____.

- A. cough B. sneeze C. fever D. cut

IV. Rearrange the words to make sentences

1. shouldn't / We / cut down trees / because / animals / lose / their homes././

2. should / You / recycle / plastic, paper, and glass././

3. go / shouldn't / to school / when / you're / sick / You././

4. should / Children / all day / play / video games / not././

5. should / We / help / our / friends and family / always././

V. Reading.

Staying Healthy in Winter

As winter comes, it is also the season of colds and flu. Maria, a school nurse, teaches her students how to stay healthy during these colder months. She focuses on the importance of washing hands frequently and staying warm.

One day, Maria found that many students were sneezing and coughing. She decided to hold a special class about how to stay healthy in winter. During the class, Maria explained that viruses spread more easily in winter because people spend more time indoors.

She taught the students to cover their mouths when coughing and not to share drinks with others. Maria also taught the kids about the benefits of eating fruits and vegetables every day. She told the students to drink more water and wear warm clothes. All the kids loved her lesson a lot.

* True/False questions

1. Maria is a school nurse.
2. There weren't many students sneezing and coughing at school.
3. Students should cover their mouths when coughing.
4. Students should drink more water and wear warm clothes in cold weather.
5. Eating fruits and vegetables is good for our body.

* Answer the questions

1. Where does Maria work?

2. Is washing hands and staying warm important?

3. Why do viruses spread more easily in winter?

4. What did Maria tell the students to do when they cough?

5. Did the kids love her lesson?

VI. Read, choose and write:

bandage

rest

vaccination

sneeze

spread

pale

sick

neck

1. If you have a fever, you should _____.
2. Cover your mouth when you _____.
3. A _____ helps protect a cut.
4. If you feel _____, tell someone.
5. Washing hands helps stop germs from _____.
6. A _____ helps prevent illnesses.
7. When you are sick, your face might look _____.
8. In the winter, wear a scarf around your _____ to stay warm.