Read the text below.
For questions 1-5 choose the correct answer A,B,C or D

The Real Junk Food Project

How much food does your family buy every year? How much of that food do you throw out? Nearly one third of the food produced in the world every year is wasted - that's 1.3 billion tonnes! This is terrible because almost 800 million people in the world do not have enough to eat.

Why do people waste food? One reason is the expiry date on food products. A lot of food is still good for a long time after the expiry date. But when a food product reaches that date, we throw it out because we think It will make us sick if we eat it. Supermarkets throw out a lot of food too when it reaches the expiry date.

Adam Smith, a British chef, decided to do something about the problem. He set up The Real Junk Food Project in December 2013. His idea was very simple: find food before it is thrown out; check it to make sure it is safe to eat; cook it and sell it The Project has its own cafés where customers pay whatever price they want for the meals. They call this 'pay as you feel'. There are lots of people who support this movement and visit the cafés.

But that's not all Adam Smith does. He has also opened the first food waste 'warehouse' in the UK, where customers can buy food that has been thrown out by supermarkets and other businesses. It's also 'pay as you feel' and it has already helped many poor families to feed their children.

This is a global problem, but you should act locally just like Adam, and start with your family and friends. Here are some tips to stop waste:

1 Go shopping only when you're full. When you're hungry, you tend to buy too much food.
2 Put unused food in the fridge to keep it fresh.
3 If you've got some ingredients, but no idea what to cook, use the Internet to find a suitable recipe.

LIVEWORKSHEETS

Remember, when food is wasted, the time, money and energy used to produce the food is also wasted, Don't add to the problem, be part of the solution!

1 How many people are starving in the world?

A 1,3 billion

B 800 million

C 1/3 of the population

D 2/3 of the population

2 Why do people throw out food when it reaches its expiry date?

A It is still good.

B People are sick.

C People think the food is bad.

D People like to waste food.

3 How much do customers at The Real Junk Food Project cafes pay?

A nothing

B as much as they want

C according to the bill

D regular price

4 What does the food waste ‘warehouse' do?

A It sells food that has been thrown out.

B It helps supermarkets to throw out food.

C It feeds poor families.

D it gives food for free.

5 How can you help to stop waste?

A work for The Real Junk Food Project

B buy food only at waste 'warehouses

C do not buy more food than you need

D don't cook

LIVEWORKSHEETS