**PART 1** Watch the video until **0:49**. Discuss/Write short answers to the questions below.

0:01 **1** What inspired Mona to research the topic on how to make friendships last?

0:25 **2** Who/What did she turn to in order to find out how to make friendships last?

0:42 **3** According to one study, how do friendships often dissolve?

LIVEWORKSHEETS

**PART 2** Write the **number of hours** you have to spend in each transitional stage of friendship, according to the study Mona describes.

1:38

**AN ACQUAINTANCE** → **A CASUAL FRIEND** → **A FULLY-FLEDGED FRIEND** → **A BEST FRIEND**

..... hours ..... hours ..... hours

**PART 3** Finish each sentence according to what Mona and her mom say in the video.

2:15 **1** According to Mona's mom, the first thing you need to start a friendship is to...

2:55 **2** According to Mona's mom, special friends or good friends are the ones that...

3:23 **3** In order to make a friendship last, there is no magical formula. It just takes...

LIVEWORKSHEETS

- Work with a classmate
- Think about some of the **friendships** you may have in the categories below.
- Refer to the list of possible challenges in the list below.
- Take turns opening up about any challenges you've experienced with these friends.
- Give each other some advice on how you may be able to overcome, resolve or avoid these challenges.

LIVEWORKSHEETS