



UNIT 6: EAT WELL, LIVE WELL."

I.E. 2095 "Herman Busse de la Guerra"
UGEL 02 - Los Olivos

Grade: _____

Section: _____

Subject: English

Teacher: Erika Avalos

Competence: Se comunica oralmente en inglés

Purpose: Escuchar y comprender una entrevista sobre los super alimentos, identificar el vocabulario e información específica para elaborar una lista de compras.

A HEALTHY SHOPPING LIST.

LEAD IN

Look at the pictures and complete:

a - an - some



_____ sugar



_____ tomato



_____ cup of coffee



_____ flour



_____ oranges



_____ onion



_____ head of lettuce



_____ glass of orange juice

LISTEN THE AUDIO AND COMPLETE.

Interviewer: Welcome, Julio. It's a pleasure to have you here.

Julio: The pleasure is mine. Thanks for your _____.

Interviewer: Julio, how do you feel after winning the international contest "An Idea to Change History 2019" by the History _____?

Julio: I am proud and excited, _____ people from Peru and other countries supported the idea so much on the web.

Interviewer: Why do you think people liked the idea of _____?

Julio: Nutri H produces _____ made of superfoods from my country in order to fight _____.

Interviewer : Superfoods from Peru??? What kind of _____ does it include?

Julio: Quinoa and _____ are two of the superfoods, but the most important _____ is blood.

Interviewer: How did you come up with this _____?

Julio: When I was young, I suffered from _____. My mother gave me chicken blood to help me. Anemia is a common disease in _____, where I am from, and throughout Peru. When I was studying at the university, I decided to work on creating a cookie that could decrease anemia levels in _____.

Interviewer : How did your family face _____ your achievement?

Julio: My mom always cared about healthy _____. That helped me a lot.

Interviewer: Do you have any advice for young people?

Julio: Eat _____ because we are what we eat.

LET'S PRACTISE!

LISTENING COMPREHENSION

PRACTISE-EXERCISE 1

Listen to Julio Garay's interview and mark T (true) or F (false).

1. Julio Garay isn't proud and excited	true	false
2. The most important ingredient in the cookies is the quinoa	true	false
3. His mother gave him chicken blood to help him	true	false
4. Anemia isn't a common disease in Ayacucho	true	false
5. Julio suffered anemia.	true	false
6. Julio thinks healthy eating is not important.	true	false
7. Nutri H produces cookies made of superfoods	true	false
8. Nutri H produces cookies made from superfoods such as quinoa, cacao and blood.	true	false

COMPLETE WITH : SOME, A ,AN

At home, we usually eat healthy food to prevent diseases. I'm in charge of buying groceries, for this reason I looked for some information about healthy food. Last time I went to the supermarket, I bought (1) _____ corn, (2) _____ potatoes, (3) _____ carrot and (4) _____ head of lettuce. About fruit I got (5) _____ apple, and (6) _____ mangoes and bananas. I usually eat (7) _____ orange every morning. Tubers and grains are also important, so I bought (8) _____ kilo of tomatoes, sweet potatoes and (9) _____ oatmeal and quinoa.