PART 4

You should spend about 20 minutes in this part.

Read the text and answer the questions that follow.

Choose **no more than five words and/or a number** from the text for each answer.

The Benefits of Having Indoor Plants

Many people, especially those with limited outdoor space, have embraced the trend of collecting indoor plants. This trend gained popularity, especially after the Covid-19 pandemic, with the help of social media. People began sharing tips and tricks for caring for their plants online. Some examples of indoor plants include snake plants, orchids, jade plants and microgreens. Aside from being decorations, indoor plants have many advantages.

One advantage of indoor plants is that they reduce anxiety and stress. Studies have shown that being around plants can lower a person's physiological and psychological stress. Researchers conducted an experiment with patients waiting in a hospital's waiting room. The group of patients was either exposed to a real plant, a poster of a plant or no plant at all. In the end, patients exposed to a real plant or the poster were proven to have lower levels of stress.

Apart from that, indoor plants can enhance one's concentration and attention. One study has been done on primary school students. It showed that students who learned in classrooms with greenery had better attention spans compared to students who learned in classrooms without any greenery. The students' test scores were also better.

Not only that, having plants indoors will make a person more productive. An old study found that college students did their work 12% faster after some plants were added to their windowless computer lab. In another study, employees at a call centre who had a view of plants made up to 7% more calls per hour compared to employees who couldn't see any plants. These findings show that indoor plants boost productivity.

25. The trend of collecting indoor plants gained popularity after _____.

26. Using social media, people began sharing _____ for caring for their plants online.

27. Some examples of indoor plants include _____, orchids, jade plants and microgreens.

28. Being around plants can lower a person's _____ stress.

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29. In an experiment, patients who were exposed to _____ or a poster plant had lower levels of stress.

30. Students who learned in classrooms with greenery had better attention spans compared to students who learned in classrooms _____.

31. College students did their work _____ faster after some plants were added to their windowless computer lab.

32. Employees at _____ who had a view of plants made up to 7% more calls per hour compared to employees who couldn't see any plants.

Questions 33 and 34

Complete the table below with **a word** from the text.

For each question, write your answer in the space provided on your answer sheet.

Meaning	Word
33. things that serve as ornaments	
34. benefit	

[10 *marks*]

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