

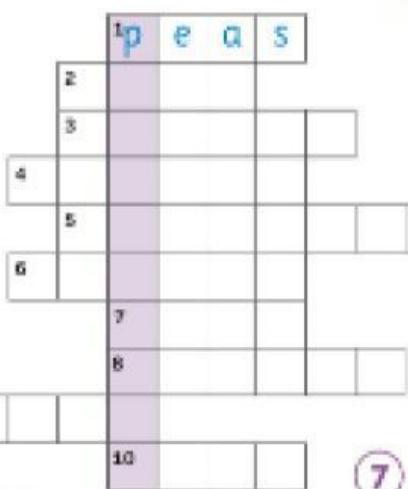
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Let's stay healthy

Vocabulary



1 Look and write. What's the hidden food?



2 Look at Activity 1. Write.

1 Watermelons, lemons,
 and
 are types of fruit.

2 Onions, and
 are types of vegetable.

3 Some people put on food
 to add flavour but it isn't very healthy.

4 Sweets and contain
 a lot of sugar.

Remember!

a lemon ➔ some / a lot of lemons
 chocolate ➔ some / a lot of chocolate



4 Lesson 1 Food



Talk to your family about your
 favourite and less favourite food.