1 Let's stay healthy

Vocabulary

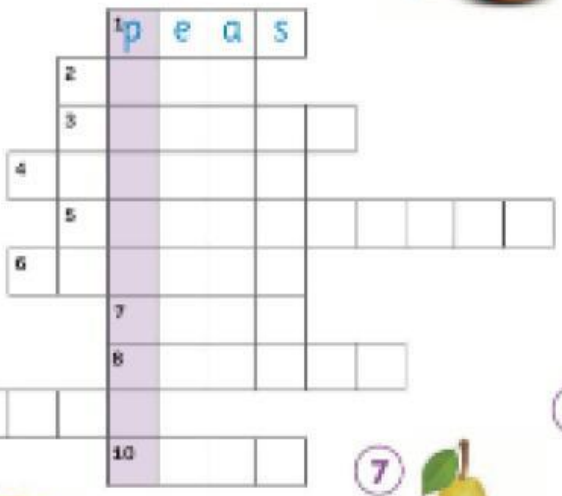
1 Look and write. What's the hidden food?

1 

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2 Look at Activity 1. Write.

1 Watermelons, lemons, _____ and _____ are types of fruit.

2 Onions, _____ and _____ are types of vegetable.

3 Some people put _____ on food to add flavour but it isn't very healthy.

4 Sweets and _____ contain a lot of sugar.

Remember!

a lemon ➡ **some** / **a lot of** lemons

chocolate ➡ **some** / **a lot of** chocolate



Talk to your family about your favourite and less favourite food.

LIVEWORKSHEETS