A happy life

GET STARTED

Work or play?

Put the activities in the correct category.

go out
go to class
have dinner with friends
listen to music
play games
study
watch movies
work



Work	Play

READING

Skim

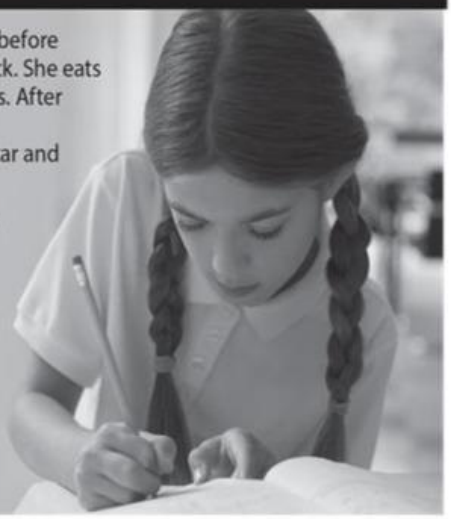
Choose the correct title.

All Play and No Work Is Not Good for Children
All Work and No Play Is Not Good for Children
All Sleep and No Play Is Not Good for Children

Eva is 12 years old. She gets up at 6:00 a.m. and studies for an hour before breakfast. She goes to school at 8:30 and comes home after 6 o'clock. She eats lunch at school and studies for an hour before her afternoon classes. After school on Monday, she has guitar lessons. After school on Tuesday and Thursday, she has Chinese class. After dinner, she plays the guitar and studies from 7:00 to 10:30. She usually goes to bed at 11:00 p.m.

What does Eva do on weekends? Does she have fun? She gets up at 8:00 or 8:30. But after breakfast, she plays the guitar from 10 a.m. to 1 p.m. Then she eats lunch and reads a book. She doesn't have time for fun on the weekends! She goes to bed early – she's *always* tired!

Eva's a very good student, but is she happy? Are children happy when they don't play? Doctors say "no." Many children study in the evenings and on the weekends. This isn't good and the children aren't happy. Children want free time! Doctors tell parents: "Make sure your children work AND play!"



LIVEWORKSHEETS

READING

Read for details

Complete the chart with Eva's weekday activities.

Morning activities	Afternoon activities	Evening/Night activities
1 _____	1 _____	1 _____
2 _____	2 _____	2 _____
3 _____	3 _____	3 _____

Complete the chart with Eva's weekend activities.

Weekend activities
1 _____
2 _____
3 _____
4 _____
5 _____
6 _____

LIVEWORKSHEETS