



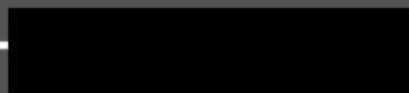
Krav Maga English

Movement/Fight verbs (Part 2)
(vocabulary)

ENGLISH
24h
online classes

Drag and drop/ Arraste e solte

Esquivar



Lead leg

Aparar
Bloquear



Rear leg

Gancho
mão
frente



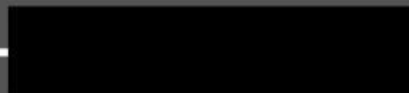
Lead uppercut

Perna da
frente



Rear uppercut

Gancho
mão
trás



Parry

Perna de
trás



Bob-and-weave