

LET'S GIVE SOME ADVICE!

Instructions: Read and complete the sentences using the word bank

should	vegetables	exercise	brush	should sleep	wash
		teeth	hands	fruits	

1. You should eat more _____ to stay healthy.	
2. Everyone should _____ at least three times a week.	
3. After a long day, you _____ take a shower to relax.	
4. You _____ for seven to eight hours every night.	
5. Children should _____ their _____ after every meal.	
6. You should always _____ your _____ before cooking.	
7. We should include more _____ in our diet for better nutrition.	