

READING COMPREHENSION

1. Read the passage and decide whether the sentences are true (T) or false (F). Circle T or F.

Nowadays, teenagers seem to be too busy with their study to afford a hobby. However, if you have a little spare time, it is advisable to have a hobby because of the emotional, mental and physical benefits it brings. Focusing on an activity that you like will help you relieve stress and pressure from your schoolwork. Additionally, spending time with people of similar interests will enable you to make friends more easily. This helps improve your communication skills and promote teamwork. Taking up a hobby can be a real challenge, but it is not the type of stressful challenge coming from school. Instead, challenging yourself to do a skill that you like will bring satisfaction and pride.

1. Each teenager should have a hobby if they have time.
2. Focusing on a hobby will make you feel really stressed.
3. Having a shared interest helps you to communicate better.
4. The challenge from having a hobby is the same as that from school.
5. You can feel proud when trying to do a skill that you are interested in.

2. Fill each blank with a suitable word from the box.

Challenge collection unusual occasions pleasure

David Stewart, a 15 year old boy from Hungary has an (1) _____ hobby - collecting teabags. For the last five years, he has collected more than 200 teabags. He exchanges his teabags with others' from all around the world to add to his (2) _____. His family, relatives and friends are all aware of this hobby, so on special (3) _____ to they will give him teabags. David says at first it was easy but then it is a (4) _____ be able to find new items. He stores the teabags in a box and keeps them in a cool, dry place so that they can be well maintained. To David, this hobby is a great source of (5) _____ because it helps him understand more about different cultures around the world.

3. Read the article and then decide whether the statements are true (T) or (F).

After school Kien usually goes swimming. He goes to the swimming pool five times a week. His swimming pool is very good. The pool is 25 metres long and has six lanes. More than a thousand children have swimming lessons there every month.

His swimming instructor is experienced and friendly, but she is also strict. The lessons last 45 minutes, but he usually trains for an hour and a half. During the lesson he swims about two kilometers. His favourite swimming styles are crawl and backstroke.

He practices a lot to improve his swimming skills. He wants to achieve good results. Last month he participated in a swimming competition. Ten swimmers from three schools took part in the competition. He won first prize.

Swimming is his favourite sport. Swimming is interesting and pleasant, and it helps him to keep fit.

1. Kien goes to home after school.
2. He practices swimming five times a month.
3. His swimming instructor is so hard.
4. He swims about five kilometers during the lesson.
5. The best friend won first prize in the swimming competition.