Is social media good for you?

1. Соотнесите понятия и определения

Vocabulary	Definition
1. ..... to hold someone to account	a. good things; advantages
2. ..... benefits	b. protecting people, organisations, countries, etc. against crime or attacks using the internet
3. ..... to take something for granted	c. to make someone explain their actions publicly
4. ..... to stick to something	d. to not realise or show how good something is
5. ..... cybersecurity	e. to do one particular thing, without changing to something else
6. ..... a community	f. a group of people who have similar interests or who want to do something together
7. ..... to have a knock-on effect	g. a programme, app, machine, etc. that helps you do a job or other activity
8. ..... a tool	h. someone who gives some of their blood for other people
9. ..... emerging	i. just beginning to exist
10. ..... a blood donor	j. to cause other situations or events, but not directly

2. Прочитайте интервью.

Elena: Hello, my name is Elena. I'm 14 years old and I'm from Ruse in Bulgaria. My question is, what are the benefits of social media? This question is important to me because a lot of people consider social media unhealthy.

Joe: We see it all the time. There's loads of stories around about how bad social media is for us and how large parts of our lives are in the hands of a few massive companies.

I'm Cybersecurity Reporter at the BBC, which means that a big part of my job is holding these big companies to account. I spend a lot of time looking at the negative sides of social media and I pretty much take the positives for granted. So getting this question is actually really good for me because it can remind me of all the good things that have come about since social media was invented.

I grew up in a time before social media. Not quite that long ago! We still had mobile phones and the internet, but it wasn't quite like it is now. Everything was much slower and much more difficult. People still mainly communicated by phone call, which means that if you made plans, you had to stick to them. Or you could leave your mate waiting in the rain.

And now we're more connected than ever. Most of us are spending time every day with our friends online and sharing our lives with people across the world. If you're feeling isolated or lonely or if you feel like there's something you need help with, you can find a community through social media who can share their experiences and help you out. All this communication can lead to a greater understanding of each other and also bring some real change. It's hard to imagine something like the climate strike movement spreading as far or as fast as it has, without social media. It helped amplify the voice of a 15-year-old activist in Sweden, so she's been heard around

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the world. And there are some pretty direct benefits too.

Tools have been made that encourage people to make the world around them better, whether that's by giving money, telling your friends and family you're safe or by donating blood. In fact, this alone has led to more than 50 million people becoming blood donors around the world, literally life savers.

So, there really are some great benefits to social media but it's still really new. These apps are emerging technologies and when things affect the way that we live and work and do things as much as social media has, it takes a long time to work out what the knock-on effects could be. It's probably up to the next generation to work through some of these problems and hopefully, if they do a good job, we'll be talking a lot more about the positive sides of social media in the future.

3. Соотнесите события в соответствии с текстом.

_____ The reporter says social media has saved lives by helping people give blood.

_____ Elena from Bulgaria asks what the good things are about social media.

_____ The reporter says that in his job, he is often looking at the bad sides of social media.

_____ The reporter describes positive things about social media, like connecting with other people.

_____ The reporter says he hopes we will see the positive sides of social media in the future.

_____ The reporter describes how things were different before social media existed.

4. Заполните пропуски в предложениях

1. People are more ..... now than they were in the past.
2. Every day we spend time with our friends ..... and ..... our lives with people in other countries.
3. If you're feeling alone, or if you need ..... , you can find a ..... through social media.
4. By ..... on social media, you can understand other people.
5. Social media provides ..... which help make the world a better place.
6. There are some great benefits to ..... .

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