CULTURAL INGLESA DEL CENTRO
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5th Adol - Unit 5 and 6 Exam- Optimise B1+

1) Complete the dialogue with a future form of the verb in brackets. Sometimes more than one answer is correct.

Nicola: I'm pleased we've got school holidays soon.
Anabel: Me too! I'm fed up with exams. (1)_____ (do) anything special in the holidays?
Nicola: Not really. My parents can't afford to go away.
Anabel: That's a shame. We (2)_____ (go) camping for two weeks in the New Forest.
Nicola: That sounds nice.
Anabel: Yes ... perhaps you could come with us. (3) _____(ask) my parents?
Nicola: That would be great! Do you think it (4)_____ (be) OK with them? Anabel: I'm sure it will. I'll ask my dad when he (5) _____(get) home this evening.
Nicola: Thanks, Anabel!

2) Complete the text with a comparative or superlative form of the word in brackets.

I want to take up a new sport. I'm thinking about swimming or running but I'm not sure which one to choose. People say that running is one of the (1)_____ (good) ways to keep fit because it can help prevent heart disease. It can also make your knees (2)_____ (strong) and even make you (3)_____ (happy). In contrast, swimming is good for your mind and your whole body, but I don't think it's (4) _____ (stimulating) as running. It's true that going up and down a swimming pool is not the (5) _____(exciting) thing you can do in your free time! I think I'll choose running.

3)Complete the second sentence with <u>one word</u> so that it means the same as the first sentence.

1- *If you don't hand in the form by tomorrow, you can't go on the school trip.*

You can't go on the school trip_____ you hand in the form tomorrow.

2- We'll go to the beach if it isn't raining.

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As long_____ it isn't raining, we'll go to the beach.

3- You could learn to play the guitar quickly by practising for half an hour a day

If you_____ for half an hour a day, you could learn to play the guitar quickly.

4- Take some fruit because you might get hungry.

Take some fruit in_____ you get hungry.

5-Don't get rid of those old books unless you're sure you don't need them.

Only get rid of those old books_____ you're sure you don't need them.

4) Choose the correct words to complete the sentences.

1 That's Mr Brown, *which/who* was our maths teacher last year.
2 There's a boy over there *that/whose* has the same trainers as you.
3 My dad's car, *that/which* is 15 years old, is in perfect condition.
4 The girl *whose/who phone* was stolen was very upset.
5 The hotel *where/which* we stayed had wonderful views.

6) Complete the sentences with the correct form of the words in brackets.

1 Martina will _____(hopeful) win a prize in the writing competition.
2 This new game on my phone is _____(extraordinary) difficult.
3 Fresh fruit and vegetables are delivered to your house_____ (day).
4 She_____ (accidental) knocked your cup off the table.
5 It's _____(relative) easy to make your own yoghurt with a yoghurt maker

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6) Write a form of the word in capitals in each gap to complete the text.

SUPERFOODS

In recent years, there have been many articles in magazines and newspapers about 'superfoods.' Depending on the article you read, everything from eggs to spinach are superfoods and, _____(1-SURPRISE) supermarkets and food companies have been using this label to sell their products. The problem is that there is often a lack of_____ (2-SCIENCE) evidence to support these claims. For example, one article says that garlic is a superfood because it can protect your heart and prevent damage to cells. However, what it doesn't explain is that you would have to eat about two heads of garlic a day for it to _____(3-TRUE) make a difference. The fact is that if we want to live long and_____ (4-HEALTH) lives, we need to eat a balanced diet. That means eating fish, fruit and vegetables on a _____(5-DAY) basis. And we need to stop looking for superfoods!

Good luck! You've got this ;)

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