

LISTENING PRACTICE

Exercise 1: Listen and choose the best answers.

1. David enjoys eating _____.
A. fish B. vegetables C. meat D. fruit
2. You shoud avoid _____.
A. soft drinks B. sweetened food C. alcohol D. crowds
3. Jack often spends 1 hour _____.
A. doing exercise B. going jogging C. checking emails D. playing volleyball
4. Don't forget to _____.
A. eat vegetables B. drink a lot of water C. get up early D. brush teeth
5. John _____ eats tofu.
A. sometimes B. never C. always D. often

Exercise 2: Listen and decide if each statement is true or false.

No.	Statements	T	F
1.	Angela walks in the park every morning.		
2.	There is a park near Angela's house.		
3.	Angela usually takes the bus instead of cycling.		
4.	On Thursday evenings, Angela stays at home and chats with friends.		
5.	Angela likes hiking, but she does not do it much.		
6.	At weekends, Angela is healthier than usual.		
7.	Angela never goes hiking alone.		
8.	Many of Angela's friends do not like hiking.		

Exercise 3: Listen and tick ✓ to the correct box.

	Clara	Tom	Robert
15 years old			
11 years old			
13 years old			
writing poem			
dancing			
playing football			
taking pictures			
reading comics			
drawing			
playing the piano			
loving fine art			
good at physical education			
good at literature			