

## LISTENING PRACTICE

### Exercise 1: Listen and choose the best answers.

1. David enjoys eating \_\_\_\_\_.  
A. fish                      B. vegetables                      C. meat                      D. fruit
2. You should avoid \_\_\_\_\_.  
A. soft drinks              B. sweetened food              C. alcohol                      D. crowds
3. Jack often spends 1 hour \_\_\_\_\_.  
A. doing exercise          B. going jogging              C. checking emails              D. playing volleyball
4. Don't forget to \_\_\_\_\_.  
A. eat vegetables          B. drink a lot of water          C. get up early                  D. brush teeth
5. John \_\_\_\_\_ eats tofu.  
A. sometimes              B. never                          C. always                          D. often

### Exercise 2: Listen and decide if each statement is true or false.

No.	Statements	T	F
1.	Angela walks in the park every morning.		
2.	There is a park near Angela's house.		
3.	Angela usually takes the bus instead of cycling.		
4.	On Thursday evenings, Angela stays at home and chats with friends.		
5.	Angela likes hiking, but she does not do it much.		
6.	At weekends, Angela is healthier than usual.		
7.	Angela never goes hiking alone.		
8.	Many of Angela's friends do not like hiking.		

### Exercise 3: Listen and tick ✓ to the correct box.

	Clara		Tom	Robert
15 years old				
11 years old				
13 years old				
writing poem				
dancing				
playing football				
taking pictures				
reading comics				
drawing				
playing the piano				
loving fine art				
good at physical education				
good at literature				