



3.7

## WRITING

## Describing daily routine

I can write about daily routine.

## 1 Complete the blog with the words below.

after (x2) at because (x2) do  
don't finish it lot so then (x2)

**My day**

I'm a swimmer. I love <sup>1</sup>it! A swimmer needs to do a <sup>2</sup>\_\_\_\_\_ of practice and my days are very busy, <sup>3</sup>\_\_\_\_\_ every morning I get up at 5.00 – yes, 5.00! I <sup>4</sup>\_\_\_\_\_ have a big breakfast but I drink a cup of tea. <sup>5</sup>\_\_\_\_\_ my dad takes me to the swimming pool. I get there <sup>6</sup>\_\_\_\_\_ 5.30 exactly. I train for two and a half hours. Then I have a shower and dad takes me home again. I have a big breakfast with the family at 8.30. <sup>7</sup>\_\_\_\_\_ that I cycle to school. Lessons <sup>8</sup>\_\_\_\_\_ at 4.30. <sup>9</sup>\_\_\_\_\_ I go swimming again for an hour and a half, from 4.45 to 6.15. <sup>10</sup>\_\_\_\_\_ swimming I go home and have dinner. I <sup>11</sup>\_\_\_\_\_ my homework in my room and then, at about 8.00, I watch some TV or play some computer games. I go to bed early, at 9.00, <sup>12</sup>\_\_\_\_\_ I'm tired and it's 5.00 again the next morning! I swim a lot <sup>13</sup>\_\_\_\_\_ I want to be a famous swimmer!



## 2 Read the blog again. Complete the table.

Time	Activity
5.00	<sup>1</sup> get up
2	arrive at swimming pool
3	finish training
8.30	4
4.30	5
4.45	6
7	finish swimming
8.00	8
9.00	9

## 3 Add the words in brackets to the sentences.

Sometimes you need to join the sentences. Sometimes you need to change the order of the sentences.

1 I get up. I have a shower.

a (then) I get up. Then I have a shower.  
b (after that) I get up. After that I have a shower.  
c (after) After I get up, I have a shower.

2 We have Maths. We have English.

a (then) \_\_\_\_\_  
b (after that) \_\_\_\_\_  
c (after) \_\_\_\_\_

3 I have dinner. I play on my computer.

a (then) \_\_\_\_\_  
b (after that) \_\_\_\_\_  
c (after) \_\_\_\_\_

4 I want to pass my exams. I work hard.

a (so) I want to pass my exams, so I work hard.  
b (because) I work hard because I want to pass my exams.

5 I help my friend with her English homework. She isn't very good at English.

a (so) \_\_\_\_\_  
b (because) \_\_\_\_\_

6 I live near my school. I walk to school in the morning.

a (so) \_\_\_\_\_  
b (because) \_\_\_\_\_

4 Think of someone you know who has a different daily routine from you. Copy the table from Exercise 2 and complete it with information about him/her.

5 Write about the person's daily routine. Remember to do these things.

- Use your table from Exercise 4.
- Order the activities with *then*, *after that* and *after*.
- Give reasons with *so* and *because*.