

I. Fill the gaps in the text

The human body relies on a complex system to keep it alive, and at the center of this system is the heart. This incredible organ works tirelessly to pump blood throughout the body. Blood travels through veins and arteries, each carrying important substances. The arteries deliver oxygen-rich blood to the body's organs, while the veins bring back blood containing carbon dioxide to the lungs.

When we breathe, the lungs take in fresh oxygen from the air. This oxygen enters the bloodstream, while the lungs simultaneously expel the carbon dioxide that the veins have delivered. This exchange is a crucial process that keeps us alive and well. The blood then carries the oxygen back through the arteries, feeding the body's cells, and the cycle continues with every beat of the heart.

II. Fill the gaps in these sentences

1. The heart is responsible for pumping blood throughout the entire body.
2. Oxygen is transported through arteries to nourish the organs.
3. Veins carry blood back to the heart after it has delivered oxygen to the body.
4. When we breathe in, our lungs fill with oxygen, and they expel carbon dioxide when we exhale.
5. The process of blood circulation is essential for keeping the body functioning.
6. Your body needs oxygen to survive, and the blood is what carries it to all the cells.
7. The lungs help us breathe by taking in oxygen and releasing carbon dioxide.
8. The heart has to work constantly to pump blood around the body, ensuring it reaches all parts.
9. Oxygen is crucial for cellular function, and it is delivered to every part of the body via the bloodstream.
10. The exchange of carbon dioxide and oxygen in the lungs is vital to maintaining life.