



**ĐỀ MINH HỌA KIỂM TRA ĐỊNH KỲ TIẾNG ANH 6 FRIENDS PLUS
THEO ĐỊNH HƯỚNG PHÁT TRIỂN NĂNG LỰC**

UNIT 5 – TEST 2

- Thời lượng: 45p (cho 4 phần Use – Listening – Reading – Writing)
- Số điểm: 8 (Phần Speaking có 2 điểm được tổ chức kiểm tra riêng)

A- USE OF ENGLISH (2PTS).

I/ Pronunciation.

Identify the underlined letters that are pronounced differently from the others.

- 1- A. kit B. fish C. eat D. hit
2- A. crisps B. fizzy C. fit D. sweet

Identify the words whose main stresses are different from the others.

- 3- A. chicken B. prefer C. salad D. menu
4- A. exercise B. afternoon C. typical D. horrible

II/ Vocabulary and grammar.

Choose the best option to complete the following sentence.

5/ A good _____ is the best start of the day!

- A- dinner B- breakfast C- lunch D- time

6/ We should eat _____ food.

- A- unfit B- unhealthy C- fit D- healthy

7/ My younger brother eats _____ unhealthy snacks.

- A- a lot of B- much C- any D- more

8/ There isn't _____ water in my bottle.

- A- more B- much C- many D- a

9/ Freddie doesn't like _____ in cold water.

- A- swimming B- swim C- to swimming D- swims

10/ Do you like _____ at home?

- A- help B- to helping C- helps D- helping

B/ LISTENING. (2 PTS)

Listen to an interview and choose the best option, A, B or C. (1.20)

Question 1: How much do sumo wrestlers weigh?

- A) More than 140 kilos
- B) 130 kilos
- C) 200 kilos

Question 2: Their lifestyle is

- A) healthy
- B) unhealthy
- C) long

Question 3: What's their typical day?

- A) They get up early.
- B) They train for about 9 hours.
- C) Both A and B

Question 4: What do they have for breakfast?

- A) They eat a lot of meat
- B) They do not have breakfast.
- C) They eat vegetables.

Question 5: When do they eat a lot?

- A) At breakfast
- B) At dinner
- C) At lunchtime

C/ READING. (2 PTS)

I/ Read the text and answer the questions.

Minerals are important for strong teeth and bones. You can find them in meat, fish, milk, vegetables and nuts. This nutrient has got the most energy and is good for our skin and hair. The fat in food such as butter, chocolate, chips, burgers and crisps is unhealthy, but the fat in food like olive oil, nuts and some fish is healthy.

Water is also a very important nutrient. You can't live for more than one or two days without it. There's a lot of this in fruit, vegetables and juice, too.

Questions

1) Minerals can be found in

- A) meat
- B) chocolate
- C) milk

2) Minerals have got the most

- A) energy
- B) teeth
- C) fat

3) How many types of fat are there?

- A) One
- B) Two
- C) Three

4) You can't live for more than one or two days without



- A) water
- B) minerals
- C) fat

5) Where is water?

- A) In fruit
- B) In vegetables
- C) Both A and B

D/ WRITING. (2 PTS)

Read this note from your friend.

I often have rice, meat and vegetables at lunch time in school. What do you have for lunch? Do you like them? Are they healthy?

Write your friend a note and answer the questions. Use 25 words or more.
