



# ★ ALL STARS ★ READING!

**New Article**

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## WHY DO TEENS SNEAK OUT?

*Understanding Teenagers Sneaking Out:  
A Guide for Parents*

As children grow into teenagers, they begin seeking more independence, which sometimes leads them to sneak out of the house. It's a common \_\_\_\_\_ that teens do this merely to rebel, but there's more beneath the surface that parents should consider.

### **Explaining This Process:**

\_\_\_\_\_ why a teenager might sneak out requires looking at the different stages of their development. This behavior can be driven by a mix of curiosity, a desire for autonomy, or peer pressure. Explaining this process involves recognizing the natural urge for \_\_\_\_\_ and the need for social interaction that intensifies during adolescence.

### **Investigation and Evaluations**

When parents discover that their teenager has been sneaking out, their first step is usually an investigation to uncover the reasons behind this behavior. This can involve direct conversations with the teen, monitoring their social activities, or even checking in with other parents. After gathering \_\_\_\_\_, parents need to make careful evaluations of the situation. They should consider factors like their child's usual behavior, their choice of friends, and any recent changes in their life, such as new stressors or conflicts.

### **Approaches and Responses:**

Once the reasons behind sneaking out are better understood, parents can decide on the best \_\_\_\_\_ to address the issue. There should be an emphasis on communication, setting clear boundaries, and reinforcing trust rather than resorting to punitive \_\_\_\_\_ alone. Responses should be balanced, aiming to correct the behavior while maintaining a positive and supportive relationship with the teenager.

### **Predictions and Significations**

Parents often try to make predictions about the consequences of their teenager's actions. Understanding the potential dangers, such as unsafe environments or risky behaviors, is crucial. The \_\_\_\_\_ of sneaking out extend beyond breaking curfew—it's a signal that something in the teen's life needs attention, whether it's a need for more freedom, a cry for help, or simply a phase of testing limits.

By approaching the issue with empathy and careful \_\_\_\_\_, parents can navigate this challenging aspect of adolescence while fostering a stronger, more trusting relationship with their teenager.

**Complete the text using nominalisation in the following words:**

assume - understand - explore - inform - approach - measure -  
signify - consider.