

Vocabulary

Job qualities

- 1 a) What jobs do the people in the pictures do? How are these jobs related? What similar jobs can you think of?



- b) Discuss in pairs what qualities are needed in order to be a nurse. You can use the prompts below and/or your own ideas.

• hardworking • patient • kind • compassionate

A: To be a nurse you need to be hardworking.

B: I agree because ... etc.

Listening

- 2 1.28 Look at the title of the text and the pictures. Who do you think Florence Nightingale was? Guess which of the following statements (1-8) are true. Then listen and check. Florence Nightingale ...

- 1 invented a new type of safety lamp. _____
- 2 made nursing a respectable profession. _____
- 3 lived in Medieval England. _____
- 4 came from a rich family. _____
- 5 studied at the Army Medical College. _____
- 6 was awarded the Royal Red Cross. _____
- 7 was a national heroine. _____
- 8 died at a very young age. _____

The Lady with the Lamp

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Florence Nightingale was a **pioneer** in the field of nursing. She founded the profession of nursing and reformed **sanitary practices** in hospitals. These great achievements are even more amazing when you consider that most Victorian women could not attend college or **pursue** a professional career.

1

She was born in Italy in 1820 and was named Florence after her birthplace. She was the daughter of a **wealthy** landowner, William Nightingale, who was a well-educated and **open-minded** man. He believed that all people should receive an education, and both Florence and her sister Parthenope were taught Greek, Latin, Italian, German, History, Philosophy, and Mathematics.

2

At the age of twenty-five, Florence had already **made up** her mind to follow a career in nursing. Her parents were totally **opposed to** this, but Florence's **devotion** and determination managed to **convince** them and she eventually got her father's **permission** to study as a nurse. She studied nursing in Kaiserswerth, Germany, and two years later she was **appointed superintendent** of a hospital for women located on Harley Street in London.

Study Skills

Identifying the topic of a paragraph

Look for words in each paragraph, particularly in the topic sentences, which are related to the headings. This will help you identify the paragraph topics successfully.

Reading

- 3 a) What is the topic of each paragraph? Read the text and match paragraphs 1-7 to headings A-I, as in the example. There is one extra heading listed.

- | | |
|------------------------|----------------------|
| A Fame and Influence | F Her Early Years |
| B Official Recognition | G Her Twilight Years |
| C Teaching Others | H Her Chosen Career |
| D A Great Achiever | I Solving Problems |
| E A Time of Need | |

- b) Explain the words in bold. Then choose five and use them to make sentences.

3

In 1854, England, France, and Turkey were at war with Russia. The public was shocked by reports of the **disgraceful** conditions that the sick and **wounded** soldiers had to **endure**. Florence decided to help, and immediately went to Turkey, in charge of a group of thirty-eight nurses, to work in military hospitals. The conditions in the army hospitals were **appalling**. The soldiers were **filthy**, there were lots of rats and fleas, and supplies were limited.

4

Initially, she received very little help from military officers and doctors. However, her **assistance** was greatly needed and they soon **changed their minds**. Florence quickly **managed to** organize the hospital, **improve** sanitation, and greatly increase the survival rate of her patients. Every soldier she cared for respected and **admired** her.

5

In 1856, Florence returned to England as a national heroine. She was known as 'The Lady with the Lamp', a name the wounded soldiers gave her because of the way she watched over them in the hospital at night. On her return, she began to campaign for improvements in the standards of **hygiene** and health care in military hospitals. A Royal Commission was appointed and, following Florence Nightingale's detailed reports, the Army Medical College was later **established** in 1857.

6

To share her knowledge about health care, Florence wrote *Notes on Nursing* in

1859. This book has since been **translated** into eleven languages and is still in print today. The following year, she was able to use public **funds** to **found** the Nightingale Training School for Nurses at St. Thomas' Hospital. This was the first ever school for nurses, and its establishment paved the way for nursing to be accepted as a **suitable profession** for young women.

7

Florence Nightingale achieved all this despite suffering from poor health herself for most of her life. In recognition of her hard work, Queen Victoria **awarded** Florence the Royal Red Cross in 1883, and in 1907 she became the first woman ever to receive the Order of Merit. Florence Nightingale died in London in August, 1910, at the age of ninety. 'The Lady with the Lamp' was a truly **remarkable** person, who changed the face of the nursing profession forever.



Vocabulary Practice

- 4 Match the highlighted words/phrases in the text to their synonyms below.

• help • job • put up with • looked up to
• rich • approval • dirty • make better • set up
• money • amazing • accomplishments
• dreadful • changed • decided

- 5 Fill in the blanks using words in the list below. Then make sentences using the completed phrases.

• field • military • survival • wounded
• public • national • poor • sanitary

- | | |
|--------------------|-------------------|
| 1 _____ of nursing | 5 a _____ heroine |
| 2 _____ rate | 6 _____ hospital |
| 3 _____ health | 7 _____ soldier |
| 4 _____ practices | 8 _____ funds |

- 6 Fill in the blanks with *at*, *for*, *in*, *into*, *of*, *to*, *from*, or *with*. Then make sentences using the completed phrases.

1) _____ the field _____ nursing; 2) to be opposed _____ sth; 3) to be _____ war _____ (another country); 4) to care _____ sb; 5) to campaign _____ sth; 6) to translate sth _____ (another language); 7) to be _____ print; 8) to suffer _____ sth; 9) _____ recognition _____

Writing

- 7 Choose one of your country's national heroes and jot down information about him/her under these heading. Write a short paragraph about him/her and present it to the class.

• Born • Career • Honors/Awards • Died