

1. Put the words in the correct column

Question 1. laugh	A. /f/	B. /v/	Question 2. van	A. /f/	B. /v/
Question 3. wife	A. /f/	B. /v/	Question 4. have	A. /f/	B. /v/
Question 5. fight	A. /f/	B. /v/	Question 6. leaf	A. /f/	B. /v/
Question 7. fail	A. /f/	B. /v/	Question 8. tough	A. /f/	B. /v/
Question 9. four	A. /f/	B. /v/	Question 10. save	A. /f/	B. /v/
Question 11. cough	A. /f/	B. /v/	Question 12. dive	A. /f/	B. /v/
Question 13. far	A. /f/	B. /v/	Question 14. calf	A. /f/	B. /v/
Question 15. give	A. /f/	B. /v/	Question 16. knife	A. /f/	B. /v/
Question 17. move	A. /f/	B. /v/	Question 18. life	A. /f/	B. /v/

2. Choose the word whose underlined part is pronounced differently from the others'.

19. A. cough B. enough C. through D. laugh
 20. A. dolphin B. uphill C. earphone D. alphabet
 21. A. night B. tough C. flight D. high
 22. A. ate B. about C. amazing D. above
 23. A. learn B. early C. earth D. hear

3. Choose the best answer:

Question 1. _____ television too much is not good for your eyes.

- A. Watching B. Watched C. Watches D. Watch

Question 2. To make sure that flu cannot spread easily try _____ clean more.

- A. keeping B. keeps C. to keep D. keeps

Question 3. You should spend more time _____. You look so tired.

- A. sleep B. sleeping C. sleeps D. to sleep

Question 4. Sitting close to the TV _____ your eyes.

- A. hurt B. hurting C. hurts D. hurted

Question 5. You can avoid getting sunburn by _____ a hat.

- A. to wear B. wearing C. wear D. wears

Question 6. I love eating _____ like fish, crab, shrimp or squid.

- A. fruits B. cakes C. seafood D. vegetables

Question 7. _____ your teeth after meals is very important.

- A. Brush B. Brushing C. Check D. Checking

Question 8. What's the _____ with you, Mary? You look worried.

- A. problem B. matter C. thing D. question

Question 9. Don't eat too much _____. It's not good for your health.

- A. fruit B. rice C. sugar D. vegetables

Question 10. Don't _____ late. You should go to bed early. It's good for your health.

- A. stay in B. stay on C. stay out D. stay up

Question 11. Lack _____ sleep will make you feel tired.

- A. at B. about C. in D. of

Question 12. His head is very hot. He looks so tired. I think he has _____.

- A. a headache B. a cough C. a temperature D. earache

Question 13. They go _____ outside even when it's cold.

- A. swimming B. swam C. swimming D. swims

Question 14. Rob eats a lot of fast food, and he _____ on a lot of weight.

- A. brings B. D. puts C. takes D. spends

Question 15. We should spend less time _____ computer games.

A. playing B. play C. to playing D. to play

Question 16. Do more exercise _____ eat more fruit and vegetables.

A. but B. or C. and D. so

Question 17. Yesterday, I woke _____ with a very sore throat.

A. off B. of C. up D. at

Question 18. He looks so _____. He can't keep his eyes open!

A. healthy B. happy C. fit D. tired

Question 19. If you want to stay healthy, eat _____ vegetables, whole grain, fruit and fish.

A. more B. less C. fewer D. much

Question 20. Don't sit too close to the screen, _____.

A. but it's bad for your health B. or you'll get a headache
C. and you'll hurt your eyes D. so you can see more clearly

4. Choose the correct response.

1. How do you feel?

A. Not so good. B. Not very beautiful. C. She is always tired.

2. What's the matter with her?

A. She is very intelligent. B. She has lots of stamps. C. She has a sore throat.

3. I think I caught a cold on the ice rink yesterday.

A. I want to play ice skating. B. You should drink a hot soup and take some rest.
C. She caught a cold yesterday.

4. He has a terrible toothache.

A. Take him to the theater. B. Take him to the dentist. C. He is tall and handsome.

5. Do you often eat a lot of meat and cheese?

A. Not very much. B. I often have breakfast late. C. My mother bought a lot of meat and cheese.

6. You shouldn't read in dim light.

A. Yes, thank you. B. I like reading detective stories. C. You're welcome.

Exercise 5. Complete the sentences from the given simple sentences.

1. My cousin learns English. My cousin learns Japanese.

→ My cousin _____

2. The car is new. The car is comfortable. → The car _____

3. Nam likes playing chess. His brother likes playing chess.

→ _____ playing chess.

4. Eating lots of vegetables is good for your health. Eating lots of fruit is good for your health.

→ _____ is good for your health.

5. We have breakfast. We go to school. → We _____

6. He should avoid fast food. He should avoid soft drinks.

→ He should avoid _____

7. Some people are jogging. Some people are talking.

→ Some people are _____

Exercise 6. Choose the best option to complete each sentence

Question 1. She is having _____. She's hot and coughs a lot. A. spots B. flu C. earache

Question 2. I'm very _____. I've been working all day. A. tired B. strong C. tiring

Question 3. I _____ terrible toothache. I can't chew. A. have a B. feel C. have

Question 4. My cold is better, but I still have _____. A. cough B. a cough C. flu

Question 5. Although he practised a lot, his legs still _____ weak.

A. are B. were C. felt

Exercise 7. Choose the best option to complete each sentence. Here is some advice to be healthy.

Question 6. You should drink _____ alcohol. A. more B. less

Question 7. You should drink _____ fresh water. A. more B. less

Question 8. You should eat _____ fruit and vegetables. A. more B. less

Question 9. You really should exercise _____. A. more B. less

Question 10. You should sit _____ in front of the TV or computer. A. more B. less

Exercise 8. ODD ONE OUT

Question 11. A. jogging B. reading C. swimming D. cycling

Question 12. A. fish B. vegetable C. junk food D. fruits

Question 13. A. remain healthy B. be fit C. watch food ads on TV D. stay in shape

Question 14. A. singing B. tidying up C. cleaning D. washing

Question 15. A. soft drinks B. water C. orange juice D. fresh milk