Second Edition

3 Metro

Name: _____

Metro 3 Progress Test 3-4 A

A Grammar

Read the sentence and choose the correct answer.

1 If our team __, everybody will be happy.
A ☐ won B ☐ winning C ☐ wins

2 Girl __ the bus if we don't leave right now.
Boy OK, I'm ready. Let's go!
A ☐ We'll miss B ☐ We miss C ☐ We're missing

3 Woman Will you get home in time for dinner?
Girl I'm not sure. I might __ late.
A ☐ will be B ☐ be C ☐ to be

4 Emma is busy, so she __ have time to call.
A ☐ might B ☐ may not C ☐ may not be

5 Henry won the game! He must __ great.
A ☐ feel B ☐ feels C ☐ feeling

6 Girl It snowed all last night.
Boy That __ be true! There was no snow outside this morning.
A ☐ might B ☐ won't C ☐ can't

7 Boy Do I __ clean my room?
Woman Yes, you do. Why don't you start now?
A ☐ has to B ☐ have to C ☐ had to

8 I __ wash the dishes because my sister washes them.
A ☐ don't have to B ☐ don't have C ☐ have not to

9 We all __ follow the rules in the swimming pool.
A ☐ have to B ☐ has to C ☐ are having to

10 Ben shouldn't __ to school if he feels sick.
A ☐ goes B ☐ going C ☐ go

11 Woman Should I cut my hair?
Girl No, you __. It looks nice the way it is.
A ☐ should B ☐ shouldn't C ☐ shouldn't cut

12 Man The baby feels hot. What __ do? Call the doctor?
Woman First, let's look online.
A ☐ we should B ☐ should C ☐ should we

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B Vocabulary

Read the dialogue and choose the correct answer.

1 **Patient** I don't feel well. I think I __.
Nurse Yes, it looks like you have a temperature of 101 degrees. Here's some medicine.
A ☐ have a cough B ☐ have a sore throat C ☐ have a fever

2 **Mom** Please be careful in the kitchen. Don't __ yourself.
Daughter I won't. I'm only making a sandwich, so nothing is hot.
A ☐ burn B ☐ break C ☐ cut

3 **Woman** Oh no! You __. Do you want some water?
Man Sure. It'll help my throat feel better.
A ☐ have a headache B ☐ have a cough C ☐ have a stomachache

4 **Daughter** My school wants everyone to stay in shape. They said we should all __.
Dad That's a great idea! What about joining the tennis club?
A ☐ brush our teeth B ☐ take up a sport C ☐ chill out

5 **Teacher** Take five minutes to __. You've worked hard in English class today.
Student Thank you. We need a little rest.
A ☐ sleep well B ☐ chill out C ☐ work out

6 **Father** Did you __ last night? I saw you turn off your phone early. Great job!
Son Yes, I slept for more than eight hours last night!
A ☐ brush your teeth B ☐ sleep well C ☐ practice martial arts

7 **Teacher** You all need to work out every day. Who will do that?
Player I __ to work out every day this week!
A ☐ believe B ☐ promise C ☐ trust

8 **Boy** Did you know maps were invented in Greece?
Girl No, I didn't! What a useful __.
A ☐ invent B ☐ invention C ☐ invented

9 **Teacher** We need to educate our students about important events in history.
Parent I agree that history is important in __, but how do we choose which events?
A ☐ educated B ☐ education C ☐ educate

10 **Boy** I __ to be asleep when my mom asked me to help her clean the house this morning.
Girl That's a terrible thing to do!
A ☐ trusted B ☐ believed C ☐ pretended

11 **Dad** I have a question, and I need you to __. Do you like my new shirt?
Daughter I'm sorry, Dad. I don't think the color is right for you.
A ☐ keep a secret B ☐ tell the truth C ☐ make up

12 **Man** I read an article about a medicine that can make you taller. I want to get some.
Doctor Don't __ everything you read in magazines.
A ☐ believe B ☐ make up C ☐ pretend

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C Reading

Read the blog post and choose the correct answer for each question.

Main menu Articles About me Advice Questions

A year to get in shape

By Emma Brown

Getting back into it

When I was growing up, exercise wasn't a part of family life. My parents both worked full time and had three daughters to look after. They didn't have time for exercise. Now I'm old enough to look after myself, and I want to make exercise a part of my routine. I asked my friends about different kinds of exercise. I decided to try a different one each month. Here's how it went.

Join the club

My friend Anna is a member of the local sports club. They play a different team sport every month, and December was hockey. I went on Tuesday and Thursday evenings. At first, I don't think anyone was happy I was there. I wasn't very good at it, and I fell over a lot. Then I played in goal, and I was finally able to help the team. The only thing was, I didn't get much exercise standing for an hour.

New members only

In January, I saw a poster in my local gym. They were offering one free month to new members. So I joined, and a trainer showed me the equipment. I went there three afternoons a week and worked out for 30 minutes each time. I felt like I was getting fitter, but I didn't like the loud music. It was also really crowded, so I couldn't always use the equipment I wanted. Finally, I realized that after the first month, I had to pay $40 per month!

A morning jog

In February I tried jogging as soon as I woke up. It probably wasn't a good idea to start that month because it was still dark at 6:30 a.m.! Jogging around the streets in the cold and dark for 45 minutes wasn't easy. But after about a week, I was sleeping better and had more energy during the day. I may not want to get up that early every day, however!
Next week I'll start yoga for the month of March, and I'm looking forward to it. Could this be the perfect form of exercise for me? Wish me luck!

1 Read the title of the blog post only. What do you think the text is going to be about?
- A ☐ Changing the shape of something
- B ☐ Sports and exercise
- C ☐ A diary of a year

2 In the first paragraph, who does *They* refer to in the third sentence?
- A ☐ Emma's parents
- B ☐ Emma's sisters
- C ☐ Emma's friends

3 In which paragraph does Emma write about exercising early in the day?
- A ☐ A morning jog
- B ☐ Join the club
- C ☐ New members only

4 Which type of exercise took the longest time to do?
- A ☐ Working out
- B ☐ Jogging
- C ☐ Hockey

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5 Why does Emma not want to keep jogging?

A ☐ It was too cold and dark.
B ☐ She doesn't want to get up very early.
C ☐ It wasn't easy for her to do.

6 Which sentence best describes the text?

A ☐ Emma wants to do exercise, but she doesn't know how to do it.
B ☐ Emma does different exercises, and she wants to keep doing all of them.
C ☐ Emma has tried different exercises, but she still hasn't found her favorite.

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D Listening

Listen to a podcast about family traditions. Choose the correct answer for each question.

1 What phrase does Jack use to disagree with Henry?

A ☐ I think
B ☐ No, not really
C ☐ Sure

2 What example does Jack give of his family's tradition?

A ☐ A book he made for his sister
B ☐ Some paper he made for his sister
C ☐ A sweater he made for his sister

3 What steps does Henry's tradition follow?

A ☐ Wait for midnight, cook breakfast, put coins in people's pockets
B ☐ Eat breakfast, put coins in people's pockets, wait for midnight
C ☐ Put coins in people's pockets, count the coins, cook breakfast

4 What does Jenny say to show that she likes a tradition?

A ☐ Oh wow!
B ☐ Oh no!
C ☐ Oh dear!

5 Which phrase does Jenny use to change the subject?

A ☐ Yeah, we have a lot of fun.
B ☐ After a long hard week, …
C ☐ Now, let's read some emails …

6 What is the purpose of the podcast?

A ☐ To teach people something
B ☐ To make people laugh
C ☐ To give people news

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Test score

To focus on next:

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