

Lesson 4A

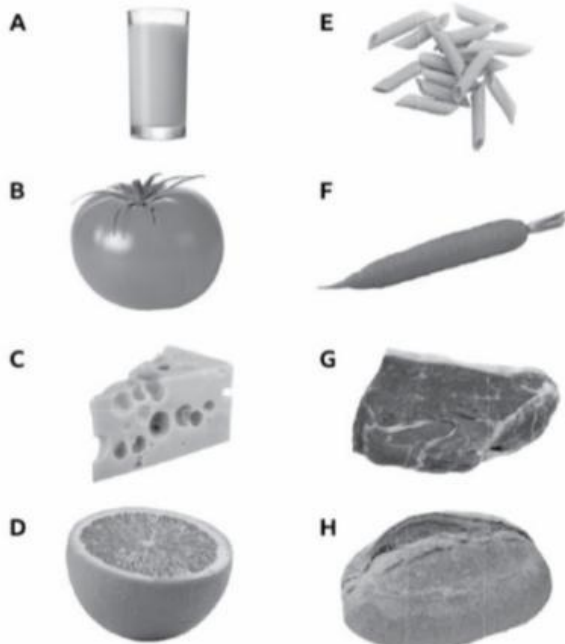
GRAMMAR | adverbs of frequency
VOCABULARY | food and drink
PRONUNCIATION | word stress

VOCABULARY

food and drink

1 A Match the food and drink in the box with the photos (A–H).

bread a carrot cheese fruit juice
an orange pasta steak a tomato



B Complete the table with the food and drink from Ex 1A.

fruit	vegetables	meat	drinks	other
an orange	a carrot	steak	fruit juice	pasta

C Complete the table in Ex 1B with the words in the box.

an apple a banana beef cereal chicken an egg
fish milk a mushroom a potato rice a sandwich

D Choose the correct alternative.

- 1 An orange / A banana / A carrot is a yellow fruit.
- 2 Cheese / Chicken / Bread is a meat.
- 3 A tomato / banana / mushroom is red.
- 4 Mushrooms and carrots are fruit / vegetables / meat.
- 5 We make sandwiches with bread / pasta / rice.
- 6 Milk / Orange juice / Water is white.

2 A Complete the food words in the text.

For breakfast, I usually have ¹r_____ with
²e_____s and vegetables, often ³c_____s
and ⁴m_____. Sometimes I have a cheese
⁵s_____ from a café. I don't often eat fruit for
breakfast, but sometimes I eat an ⁶a_____ or a
⁷b_____. I drink water and I always have a cup of
⁸c_____.

B 4.01 | Listen and check your answers.

PRONUNCIATION

3 A 4.02 | word stress | Listen and underline the stressed syllables.

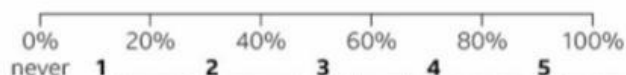
- | | | |
|----------|------------|-------------|
| 1 apple | 5 cheese | 9 pasta |
| 2 banana | 6 chicken | 10 potato |
| 3 beef | 7 mushroom | 11 sandwich |
| 4 bread | 8 orange | 12 tomato |

B 4.02 | Listen again and repeat.

GRAMMAR

adverbs of frequency

4 A Put the adverbs of frequency in order.



always often not often sometimes usually

B Choose the correct alternative.

- 1 I don't often / never eat meat or fish. (0%)
- 2 We always / usually have dinner at home. (80%)
- 3 You always / usually have a cheese sandwich for lunch! (100%)
- 4 We often / sometimes have eggs for breakfast on Sunday. (60%)
- 5 My children don't often / often eat chocolate. (20%)
- 6 They sometimes / usually eat pasta for lunch. (40%)

C Put the words in the correct order to make sentences.

- 1 often / fruit juice / I / drink .
- 2 I / mushrooms / never / eat .
- 3 cereal / you / Do / usually / breakfast / have / for ?
- 4 fruit / eat / My parents / often / don't .
- 5 always / don't / eggs / eat / Saturday / I / on .
- 6 you / often / rice / have / for / lunch / Do ?
- 7 for / sometimes / Ren and Aoi / chicken / dinner / have .
- 8 always / two / have / in the morning / I / cups of coffee .