A. Do you know these people? Match the pictures with their correct names.

Mark Zuckerberg



Richard Branson



Kate Middleton



Petr Cech



Julia Roberts



Bill Gates



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B. Read the following article explaining what famous and successful people do for leisure, then answer the following questions.

How Successful People Spend Their Spare Time

Finding time for yourself away from work can often be a challenge. Many of us tend to put our personal pursuits and hobbies aside for other responsibilities we think are more important. But even the most highly motivated and successful people can find time out to unwind – after all, there is more to life than just working and sleeping! Doing an activity you love can even contribute to success in your career or studies. Playing an instrument, writing stories, participating in team sport or learning how to bake are all hobbies that stimulate the mind through creativity, analysis, communication, social skills, focus and coordination.

Here are some ways that successful people spend their time to give you inspiration.

Mark Zuckerberg

The Facebook CEO Mark Zuckerberg has spoken often about the importance he places on having a hobby – incredibly, Facebook was created from one of his side projects while he was at Harvard. Speaking in 2017 he said, 'At Facebook we often ask [job candidates], "What is something that you've built that is outside of the jobs you've done?" Often that's one of the best ways people can show passion and leadership'. Zuckerberg himself enjoys keeping fit and is a keen runner. In 2016 he set himself a challenge of running 365 miles in a year and completed it by July! He reasoned, 'Doing anything well requires energy, and you just have a lot more energy when you're fit.'

Richard Branson

The billionaire businessman Richard Branson has been pictured many times enjoying outdoor adventure sports, particularly kitesurfing, but states his great passion is sitting down to a game of chess. 'I think chess may just be the best game in the world,' he told the Virgin blog. 'It combines the greatest aspects of many different sports – tactics, planning, bravery and risk-taking.'



Kate Middleton

In her spare time it is thought that Kate Middleton enjoys adult colouring books, helping her to relax and be creative. At university she studied Art History and she is royal patron of the National Portrait Gallery in London, showing her hobby to be an extension of her academic and philanthropic interests.

Tom Hanks

Tom Hanks has been avidly collecting typewriters since the 1970s and has over 100 in his collection. He uses one almost every day and explained in an article he wrote for The New York Times in 2013 that it's the sounds of typewriters he loves: 'The sound of typing is one reason to own a vintage manual typewriter... In addition to sound, there is the sheer physical pleasure of typing; it feels just as good as it sounds.' His hobby led him to writing a book about typewriters entitled *Uncommon Type*, which he published in 2017.

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Petr Čech

Petr Čech is one of the world's most successful goalkeepers and is top of the leader board for keeping the most clean sheets in the Premier League era. In his spare time, Čech is a keen drummer and attributes his drumming skills to helping him improve as a goalkeeper. He says, 'There are so many things I learn on the drums that I can use in goalkeeping as well, because the hand-eye co-ordination and the independence on each of the limbs is helpful. It gives you a routine and a new structure to practice. I enjoy it and for me to sit and play along with a song I enjoy to listen to, it really relaxes me.'

Julia Roberts

Julia Roberts is a keen knitter and often utilises the downtime on movie sets to knit and relax. While filming Larry Crowne with Tom Hanks in 2011, the actor played a prank on his co-star by buying enough yarn and knitting needles to occupy the whole crew when Roberts arrived on set! Knitting has also proved to be a popular on-set hobby with other famous actors such as Meryl Streep, Amanda Seyfried and Ryan Gosling.

Bill Gates

Bill Gates has come to appreciate the importance of hobbies later in life. He told Time magazine, 'When I was in my 20s and early 30s, my whole life was focused on work. These days, I'm better at balancing the work that I love to do with my foundation and taking time off to spend with family and friends.' Among his hobbies and interests, Gates cites playing Bridge, reading a book per week, travelling and playing tennis as his favourite pastimes – he even played against Roger Federer in a charity match in 2017.



Warren Buffett

Warren Buffet, one of America's most successful investors, manages to pursue many hobbies in his spare time. Like Bill Gates, he is a keen Bridge player and sees lessons in business mirrored in the game, telling CBS News, 'You have to look at all the facts. You have to draw inferences from what you've seen, what you've heard.' He has also stated that he reads up to 500 pages per day to keep his brain fresh. But perhaps his most surprising hobby is playing the ukulele. In 2012 he duetted with Jon Bon Jovi to perform one of their songs for charity.

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Questions:

1. According to Mark Zuckerberg, what is one of the best ways to show passion and leadership?

2. According to Richard Branson, what are the benefits of playing chess as a hobby?

3. What does Tom Hanks love most about typewriters?

4. How does drumming help Petr Cech as a goalkeeper?

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5. Which two people from the extract share the same hobby?

6. The paragraph about Kate Middleton says: 'At university she studied Art History and she is royal patron of The National Portrait Gallery in London, showing her hobby to be an extension of her academic and philanthropic interests.' Which word is closest in meaning with philanthropic?
    a. Charitable
    b. Complicated
    c. Educational
    d. Personal

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