READING JOURNAL #2

NAME:
DATE:

Read the instructions carefully.

1. Think about the following questions.

a. **What's your favorite food?**

b. **What's the most unusual food you have eaten?**

c. **What type of food can you cook?**

2. Write the letter of the word or phrase with the same meaning as the underline word or phrase.

a. almost; close to	d. first showed or gave
b. as said by	e. have the flavor of
c. actually; really	f. make

1. ___ Chefs today <u>create</u> new dishes by putting together interesting foods.
2. ___ <u>In reality</u>, curry comes from England, not India.
3. ___ <u>According to</u> this book, people in England cooked curry dishes in the 1300s.
4. ___ People in Persia ate pizza <u>nearly</u> 1,000 years before people in Italy.
5. ___ Some kinds of curry <u>taste</u> hot, so some people don't like them.
6. ___ Sailors from Europe <u>introduced</u> new foods to Americans.

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Food Firsts



How much do you know about the history of some of your favorite foods? Do you know when people in England started cooking curry dishes? Do you know in which country pizzas or hamburgers were first made? The facts might surprise you.

Many people think the English found out about curry from people in India in the 1600s. In reality, **wealthy** English people were eating dishes made with curry **spices** hundreds of years before British ships traveled to India. Cooks of wealthy English families during the time of King Richard I were making curry dishes, and in fact, the word "curry" can be found in an English **language** cookbook as far back as 1377.

As for pizza, this **dish** was probably first made in Persia (what is now Iran). The Persians were eating round, flat bread with cheese in the 500s. That was nearly 1,000 years before pizza caught on in Naples, Italy!

Finally, let's look at the **truth** behind hamburgers. Many people think hamburgers are an American food. However, according to some stories, hamburgers came from Hamburg, Germany. A German named Otto Kuasw created the first hamburger in 1891. Four years later, German **sailors** introduced hamburgers to Americans.



Where foods come from isn't nearly as important as how they taste; as long as they are delicious! So, go get some of your favorite food and dig in.

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3. Read the text and complete the chart with the correct information.

1377	**1891**	**500s**
created	**introduced**	**wealthy**

Curry 	Pizza 	Hamburgers 
• Word already in the English language by 1 _____	• 3 _____ in Persia	• 5 _____ to Americans by German sailors
• Cooked for 2 _____ English families	• Was eaten in Persia in the 4 _____	• First made in Hamburg in 6 _____

4. Choose the best answer (Write the letter in the box).

a. What is the main idea of this reading?

b. Which is probably true about British curry dishes in the 1400s?

c. What did people in Naples learn from Persians?

d. Who introduced hamburgers to America?

e. Which food was probably made first?

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5. Fill in the blank with one of the above idioms. Change its form if necessary.

- **find out (about)** [to learn (of)]
  Hey, I just found out that class is cancelled tomorrow.
- **catch on** [to become popular]
  In the 1990s, cell phones really caught on.
- **dig in** [to begin eating with excitement]
  The child was very hungry, so he dug in before his parents sat down.

Fill in the blank with one of the above idioms. Change its form if necessary.

1. All of the food is ready. _____!
2. Did you _____ what time the movie starts?
3. These days, Latin dancing is _____.

6. Choose the best answer (Write the letter in the box).

a. **What are your favorite foods from other countries? Where are they from?**

b. **What are some traditional foods in your country?**

c. **Do you know any untrue stories about food that people believe? If so, what is the truth?**

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