

11

Past Tense Review
Count/Non-Count Noun Review
Must
Mustn't vs. Don't Have to
Must vs. Should

- Medical Examinations
- Medical Advice
- Health
- Nutrition

Vocabulary Preview



1. doctor
2. nurse
3. lab technician
4. X-ray technician
5. scale
6. weight
7. height
8. stethoscope
9. chest X-ray
10. cardiogram
11. blood pressure
12. blood test

LIVEWORKSHEETS

The Checkup





You'll stand* on a scale, and the nurse will measure your height and your weight.



The nurse will take your blood pressure.



The lab technician will do some blood tests.



The X-ray technician will take a chest X-ray.



Then the nurse will lead* you into an examination room.



The doctor will come in, shake* your hand, and say "hello."



She'll ask you some questions about your health.



Then, she'll examine your eyes, ears, nose, and throat.



Next, she'll listen to your heart with a stethoscope.



After that, she'll take your pulse.



Then, she'll do a cardiogram.

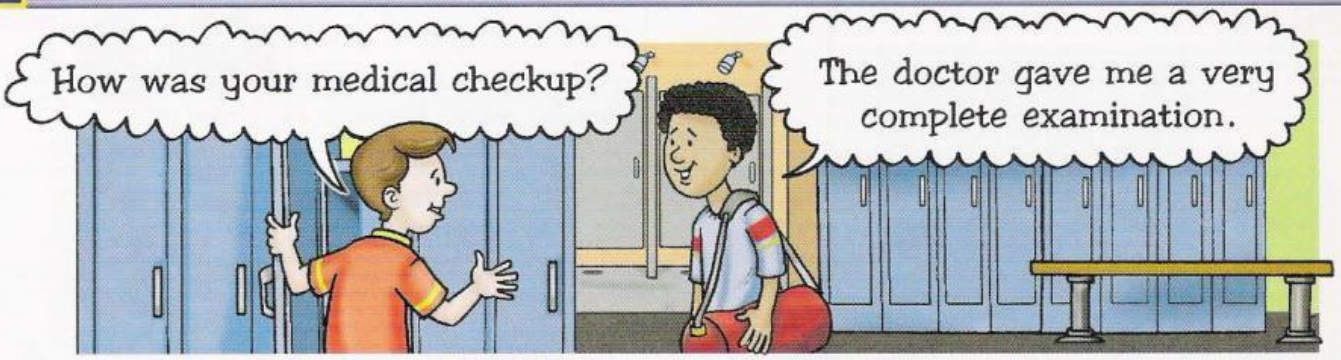


Finally, the doctor will talk with you about your health.

* stand – stood lead – led shake – shook

LIVEWORKSHEETS

Your Checkup





1. I stood on a scale _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



10. _____



11. _____



12. _____

LIVEWORKSHEETS

Diets

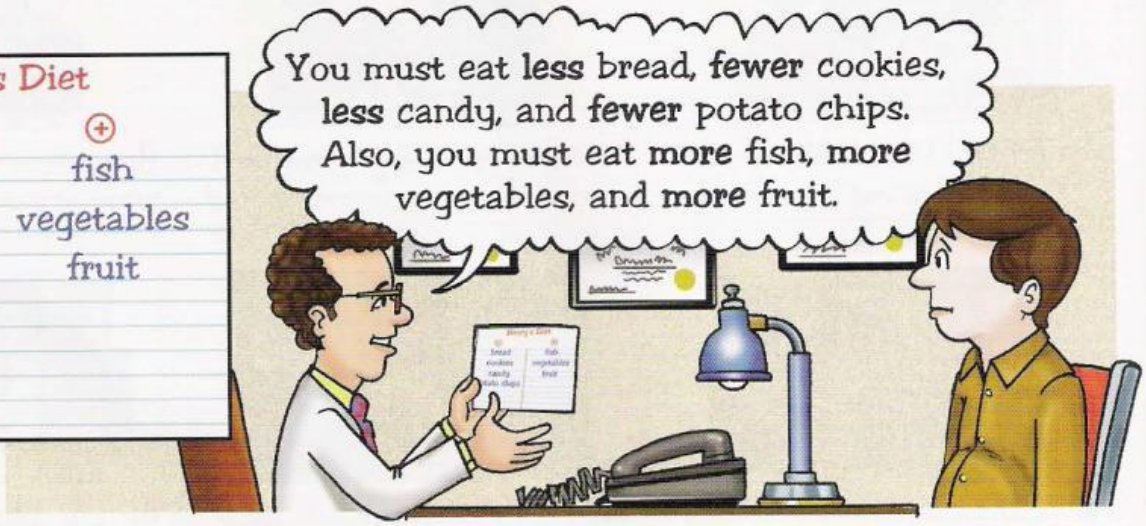
I He She It We You They	must work.

more / less	more / fewer
bread	cookies
fish	potatoes
fruit	eggs
rice	vegetables

Henry had his yearly checkup today. The doctor told him he's a little too heavy and put him on this diet:

Henry's Diet

⊖	⊕
bread	fish
cookies	vegetables
candy	fruit
potato chips	





Shirley's Diet

⊖	⊕
fatty meat	lean meat
potatoes	grapefruit
rice	green vegetables
rich desserts	



Arthur's Diet

⊖	⊕
butter	margarine
eggs	yogurt
cheese	skim milk
ice cream	

1. Shirley also had her annual checkup today. The doctor told her she's a little too heavy and put her on this diet:

   She must eat _____

   _____

   _____.

2. Arthur was worried about his heart. He went to his doctor for an examination, and the doctor told him to eat fewer fatty foods.

   He must eat/drink _____

   _____

   _____.

LIVEWORKSHEETS



Buster's Diet	
⊖	⊕
fatty meat	lean meat
dog biscuits	water

My Diet	
⊖	⊕

3. Buster went to the vet yesterday for his yearly checkup. The vet told him he's a little too heavy and put him on this diet:

   He must eat/drink _____

   _____

   _____.

4. You went to the doctor today for your annual physical examination. The doctor told you you're a little overweight and said you must go on a diet.

   I must eat/drink _____

   _____

   _____.

LISTENING

Listen and choose the correct word to complete the sentence.



1. a. cake
   b. cookies
2. a. bread
   b. vegetables
3. a. soda
   b. grapefruit
4. a. rice
   b. desserts
5. a. fatty meat
   b. eggs
6. a. cheese
   b. potato chips

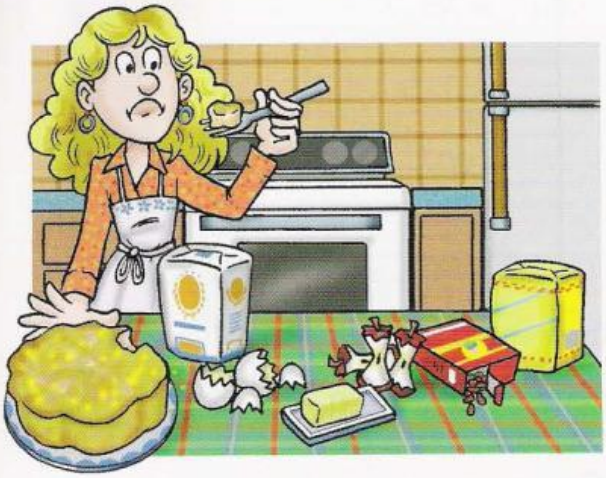


What foods are good for you? What foods are bad for you? Make two lists.

Good for Me	Bad for Me
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

LIVEWORKSHEETS

READING



CAROL'S APPLE CAKE

Carol baked an apple cake yesterday, but she couldn't follow all the instructions in her cookbook because she didn't have enough of the ingredients. She used less flour and fewer eggs than the recipe required. She also used less butter, fewer apples, fewer raisins, and less sugar than she was supposed to. As a result, Carol's apple cake didn't taste very good. As a matter of fact, it tasted terrible!



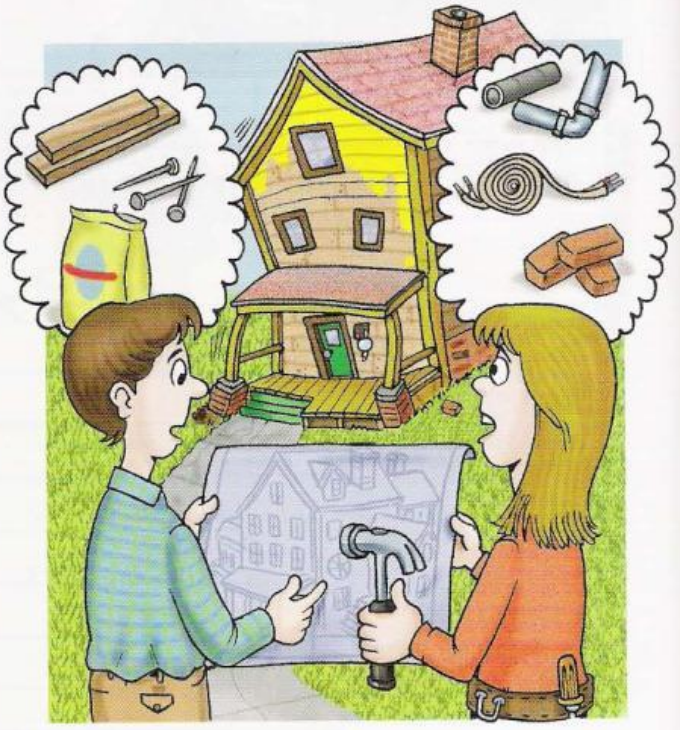
PAUL'S BEEF STEW

Paul cooked beef stew yesterday, but he couldn't follow all the instructions in his cookbook because he didn't have enough of the ingredients. He used less meat and fewer tomatoes than the recipe required. He also used fewer potatoes, less salt, less pepper, and fewer onions than he was supposed to. As a result, Paul's beef stew didn't taste very good. As a matter of fact, it tasted awful!

✓ READING *CHECK-UP*

WHAT'S THE WORD?

Steve and Judy built* their own house last year, but they couldn't follow the blueprints exactly because they didn't have enough money to buy all the construction materials they needed. They used _____[1] wood and _____[2] nails than the blueprints required. They also used _____[3] cement, _____[4] pipes, _____[5] electrical wiring, and _____[6] bricks than they were supposed to. As a result, their house didn't last very long. As a matter of fact, it fell down last week!



* build – built

LIVEWORKSHEETS

They Must Lose Some Weight

mustn't (must not)

don't / doesn't } have to



A. I had my yearly checkup today.

B. What did the doctor say?

A. He said I'm a little too heavy and I must lose some weight.

B. Do you have to stop eating **ice cream**?

A. No. I don't have to stop eating **ice cream**. But I mustn't eat as much **ice cream** as I did before.



A. Grandpa had his yearly checkup today.

B. What did the doctor say?

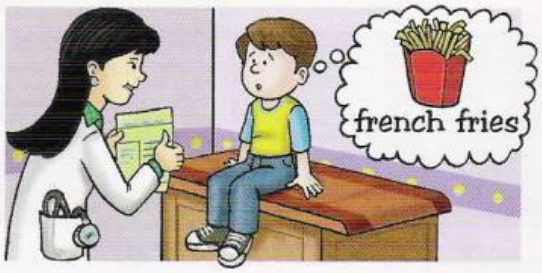
A. She said he's a little too heavy and he must lose some weight.

B. Does he have to stop eating **cookies**?

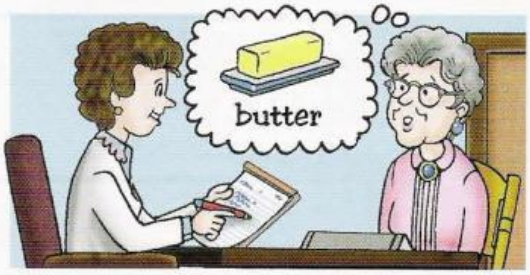
A. No. He doesn't have to stop eating **cookies**. But he mustn't eat as many **cookies** as he did before.



1. I had my yearly checkup today.



2. Billy had his yearly checkup today.



3. Grandma had her yearly checkup today.

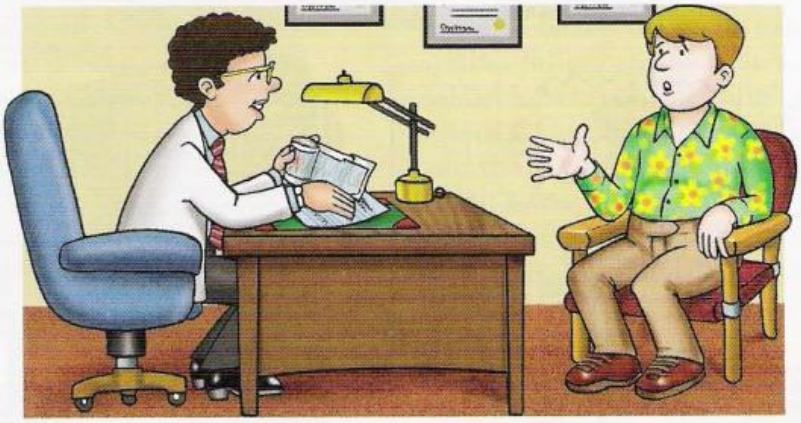


4. Rover had his yearly checkup today.

LIVEWORKSHEETS

Really, Doctor?

should must



A. I'm really worried about your heart.

B. Really, Doctor? Should I stop eating rich desserts?

A. Mr. Jones! You MUST stop eating rich desserts! If you don't, you're going to have serious problems with your heart some day.

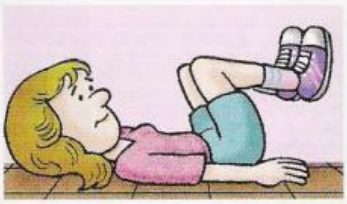
A. I'm really worried about your _____.

B. Really, Doctor? Should I _____?

A. (Mr./Miss/Mrs./Ms.) _____! You MUST _____! If you don't, you're going to have serious problems with your _____ some day.



1. *knees*
   stop jogging



2. *back*
   start doing exercises



3. *stomach*
   stop eating spicy foods



4. *blood pressure*
   take life a little easier



5. *hearing*
   stop listening to loud rock music

6.

LIVEWORKSHEETS

How to Say It!

Asking for Advice

A. *I have a cold.* { What should I do? / Do you have any advice? / Do you have any suggestions?

B. I think you should *drink some hot tea.*

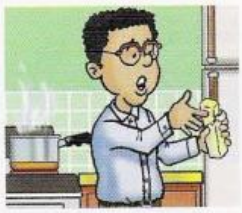


Practice the conversations on this page, using these expressions for asking for advice.

INTERACTIONS

HOME REMEDIES

Different people have different remedies for medical problems that aren't very serious. For example, people do different things when they burn a finger.



Some people rub butter on their finger.

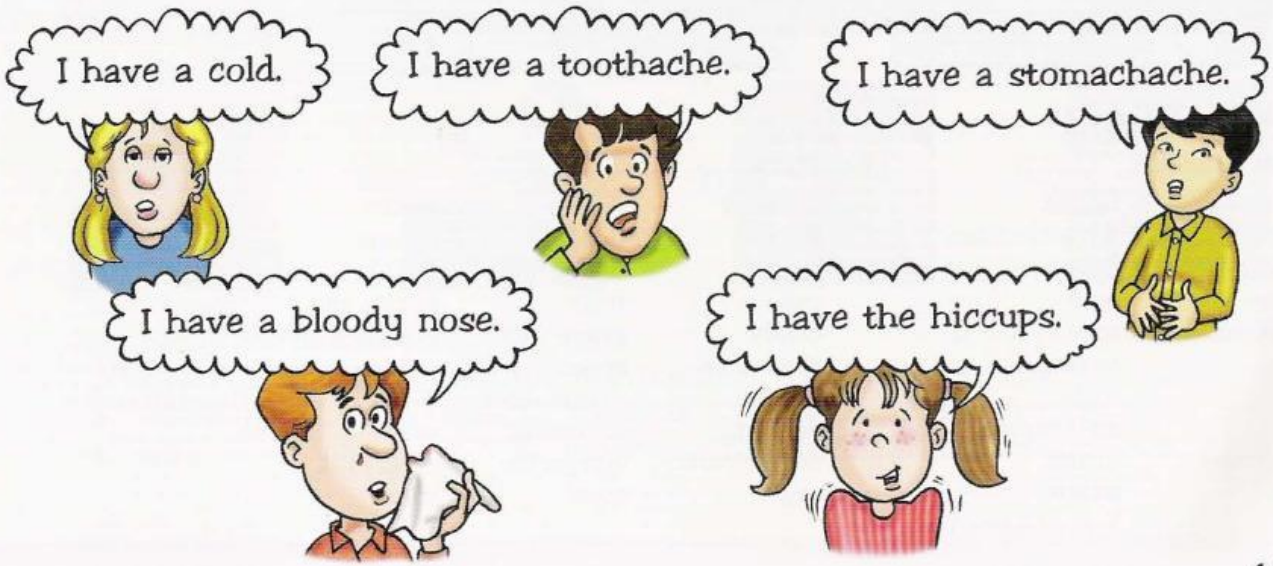


Other people put a piece of ice on their finger.



Other people put their finger under cold water.

Practice conversations with other students. Ask for advice about these medical problems, and give advice about "home remedies" you know.



LIVEWORKSHEETS

PRONUNCIATION *Must & Mustn't*

Listen. Then say it.

I must eat more fruit.

He must eat fewer cookies.

You mustn't eat cake.

They mustn't eat ice cream.

Say it. Then listen.

We must eat less cheese.

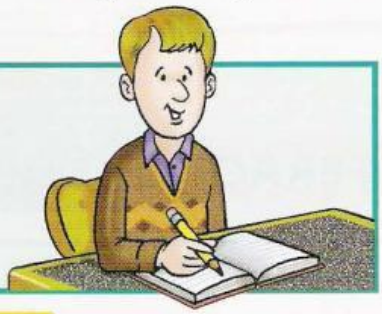
She must eat more vegetables.

I mustn't eat butter.

They mustn't eat potato chips.



There are a lot of rules in daily life—things you must do and things you mustn't do. Think about the rules in YOUR life—at school, on the job, in your home, and in your community. Write about these rules in your journal.



CHAPTER SUMMARY

GRAMMAR

MUST

I He She It We You They	must work.	

I He She It We You They	mustn't eat candy.	

MUSTN'T VS. DON'T HAVE TO

I **don't have to** stop eating cookies.
But I **mustn't** eat as many cookies as I did before.

MUST VS. SHOULD

Should I stop eating rich desserts?
You **must** stop eating rich desserts.

COUNT/NON-COUNT NOUNS:

NON-COUNT

He must eat	more less	bread. fish. meat.

COUNT

He must eat	more fewer	cookies. potatoes. eggs.

KEY VOCABULARY

MEDICAL CHECKUP

blood pressure
blood test
cardiogram
checkup
chest X-ray
doctor
ears
eyes
examination
health
heart
height
lab technician
measure
neck
nose
nurse
scale
stethoscope
throat
weight
X-ray technician

FOODS

apples
bread
butter
cake
candy
cheese
cookies
desserts
dog biscuits
eggs
fish
flour
french fries
fruit
grapefruit
green vegetables
ice cream
margarine
meat
nuts
onions
pepper
potato chips
potatoes
raisins
rice
salt
skim milk
sugar
tomatoes
vegetables
water
yogurt

fatty meat
lean meat

LIVEWORKSHEETS