

TEST UNIT 6 - Staying in shape

A. Choose the best option. Use the context to help you choose the correct meaning of sentences.

- 1 What are you up to?
a What are you doing?
b Where are you going?
- 2 Why don't we play tennis sometime?
a Can you explain why we don't play tennis?
b Would you like to play tennis sometime?
- 3 My husband is really out of shape.
a My husband doesn't exercise.
b My husband exercises a lot.
- 4 I'm crazy about tennis.
a I hate tennis.
b I love tennis.

B. Complete the sentences with can or have to

1. Lucy us for lunch today. She her boss write a report.
not - meet help
2. Where soccer around here? Try to park.
I - play
3. My sister cinema today. She to the doctor.
not - go go
4. What tomorrow? He has to go shopping.
he - do
5. Peter to London next week, so he soccer with us.
go not - play
6. When the tickets? This afternoon.
they - buy
7. What languages? She can speak Italian and Russian.
she - speak
8. to class? Yes, he does
they - go
9. Where this morning? To the airport.
you - go
10. I the dinner this evening. I late tonight.
not - cook work

C. Write the present continuous for each of the following base forms. Follow the rules.

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| 1. run | 8. begin |
| 2. try | 9. see |
| 3. go | 10. sit |
| 4. write | 11. stop |
| 5. eat | 12. admit |
| 6. put | 13. open |
| 7. be | 14. pay |

D. Complete the letter. Use the simple present or the present continuous

Dear Keith,

It's 2:00 and I (1 think) of you. The kids
(2 play) outside. I (3 see) them through the window right
now. They (4 have) a small table and chairs and they
..... (5 have) a late lunch. I (6 want) to send this
before I go to work. I (7 know) you're working hard and we all
..... (8 miss) you.

Maggie

E. Choose the best response.

- 1 "Why don't we go swimming tomorrow?"
a Well, have a great time. b Sorry, I can't. I have to work.
- 2 "Why don't we meet at 8:00?"
a Great! When's good for you? b Sure. Sounds great.
- 3 "What are you up to?"
a I can't. I have to meet my sister. b I'm having dinner.

F. Answer the questions with real information.

1. What do you do to stay in shape?

2. Do you go to a gym?

3. Where do you usually exercise?

4. Do you eat junk food?

5. What foods do you avoid?

6. How often do you watch TV?

G. Listening comprehension Listen to the conversations.
Check the statements that are true.

- | | |
|--|---|
| 1 ☐ He doesn't exercise regularly.
☐ He avoids junk food.
☐ He never watches TV. | 3 ☐ He exercises regularly.
☐ He has to be careful about calories.
☐ He can eat everything he wants. |
| 2 ☐ She's in great shape.
☐ She hardly ever goes swimming.
☐ She exercises regularly. | 4 ☐ Heeley can't use his legs.
☐ Heeley can't see.
☐ Heeley doesn't need help. |