


- 
- 1 This week, I've decided to look at one of
_____ **the** _____ biggest food fads of the 21st century:
superfoods.
- 2 They contain _____ sugar
_____ other fruits, so they're one of
_____ healthiest snacks around.
- 3 Chia seeds contain some of the _____
nutrients for the _____ calories.
- 4 Even better, they make you feel full ... so you'll eat
_____ snacks!
- 5 Some people believe these berries will help them to
grow old _____ slowly ... or even to live
_____.
- 6 It isn't _____ exciting _____
quinoa, but it's a lot _____ expensive!

less	as	fewer	most	longer
than	as	more	the	fewest
		less		