




1. Read and choose.



Annabel (14)

Teenage Life Swap

Annabel and Sarah are **guests** on a reality TV show. Annabel lives in London. Sarah lives on a farm in the north of Scotland. They are **swapping** families and schools for a week.



Sarah (14)

Day 2

Everyone gets up at 5 am because there's a lot to do on the farm. Sarah's mum is very nice. She brings me a cup of tea in bed, but I just go back to sleep. Later, I go outside to the **farmyard** to help Sarah's family. Today we are **milking** the cows in the **barn** and **feeding** the chickens. The animals are lovely, but I can't stand the smell.

Day 4

Sarah's mum takes me to school every morning. We drive five miles to meet the school bus, which leaves at 7 am. Sarah's school is very small, but everyone's so friendly.

Day 6

Learning about farming is interesting, but I'm happy I'm going home tomorrow. The fresh air is nice but it's too quiet here. I also feel **isolated**. In the city, the streets are crowded but you have everything **close at hand**. I miss the **hustle and bustle** of London but I don't want to leave all my new friends.

Day 2

Everyone stays in bed late here. It's 8 am and Annabel's mum is making breakfast! In the afternoon, we're going shopping on Oxford Street and then we're going to the cinema! I'm so excited!

Day 4

I travel to Annabel's school by tube. Her school is **huge** with 1,500 students and her friends are very interesting and helpful. I'm enjoying the lessons, but most of all I love the **facilities**. The computer room and the swimming pool are my favourites.

Day 6

Today, I'm feeling a bit tired. It's always noisy here and you can hear the traffic all night. I think I'm getting a bit **homesick**, too. I **miss** the beautiful landscapes and the people from my **hometown**. I'm happy I'm going home tomorrow but I'm sure I'll visit London and see Annabel's **lovely** family again!