

Unit 4 Destination B2
Hobbies, Sport and Games
TOPIC VOCABULARY IN CONTRAST

1. Match the words to their definitions. Then use the same words to fill in the gaps in the sentences.

Part 1

1. spectator	a. a person who watches a public activity, especially a sports event, without taking part
2. viewer	b. a large group of people who gathered together in a public place
3. audience	c. a group of people who watch a performance or television programme
4. crowd	d. a person who watches something, especially television or movies

1. The street performer gathered a around him.
2. The cheered loudly when the team scored a goal.
3. The clapped their hands in appreciation at the end of the performance.
4. The number of programmes with more than four million TV has halved over the past eight years.

Part 2

1. judge	a. a person who officially decides who is the winner of a competition
2. referee	b. someone whose job is to make sure that players obey the rules in some sports, for example tennis, baseball, and cricket
3. competitor	c. an official in a sports competition whose job is to make sure that the rules of a sport such as football, basketball, or boxing, are followed
4. opponent	d. a person who takes part in a sport as a hobby not as a job
5. umpire	e. someone you are competing against, for example in a sports game or competition
6. amateur	f. a person who takes part in a competition against others with the aim of winning

1. The football blew the whistle, signalling the end of the game.
2. My was very skilled and made it difficult for me to score.
3. athletes often participate in sports for the love of the game, rather than for financial gain.
4. The awarded the gold medal to the gymnast with the highest score.
5. The tennis carefully watched the line to determine if the ball was in or out.
6. The Olympic Games are a collection of sports and games that bring together the world's greatest

Part 3

1. equal	a. to defeat someone in a competition, game, or fight
2. win	b. to have the same amount, value, or status as something else
3. beat	c. to achieve victory or success in a competition, game, or battle
4. draw	d. to gain points in a game or competition by successfully achieving a goal
5. score	e. when neither team wins or loses and the result is tied

1. The 19-year-old American tennis player, Coco Goff the US Open in 2023.
2. In the final of the American major, Coco Goff Arina Sobolenko in three sets in 2 hours and 5 minutes.
3. Lionel Messi the winning goal in the final seconds of the game.
4. The chess players couldn't find a way to win, and the game ended in a after 50 moves.
5. It was nice to the world record, but the gold medal was more important.

PHRASAL VERBS

2. Insert the missing preposition or the phrasal verb in the necessary form.

1. Swimming is one of the best sports you can up.
2. We can't afford to put our training if we want to excel in the upcoming race.
3. Our school encourages students to in for various sports to promote a healthy lifestyle.
4. I don't want to put with such a rude attitude towards me.
5. FIFA decided to forward the start date of the tournament.
6. Although he was pretty bad at karate, he foolishly decided to join a regional competition.
7. After a brief injury timeout, the player was determined to carry and help his team win.
8. When skiing down the slope, skiers must look for obstacles and other skiers.
9. I have always wanted to start running but never round to taking those first steps.
10. At first, we were excited about running a marathon, but after a few training sessions, we went the idea.

3. Translate into English using the correct form of the phrasal verbs from unit 4.

1. Never (*откладывай*) till tomorrow what you can do today.
2. Roger (*занялся*) jogging for a while, but soon lost interest.
3. I will not (*терпеть*) with your bad behaviour any longer!
4. Are you planning to (*участвовать*) for any winter sports like skiing or snowboarding?
5. Although Maggie felt tired, she was determined to (*продолжать*) running until the finish line.
6. She (*присступила к*) trying yoga and found it to be a relaxing and enjoyable activity.
7. At work, you may have a hobby you'd like to share or (*присоединиться*) with colleagues.
8. Due to the rainy weather, they had to (*перенести*) the start of the football match by an hour.

COLLOCATIONS AND WORD PATTERNS

4. Fill in the missing prepositions.

1. Do people who can play an instrument listen music differently to those who don't?
2. Olivia has an obvious talent creative cookery.
3. Rock climbing is an extreme sport for people who are afraid heights.
4. If you want to excel in sports, make sure you're always time for training sessions.
5. There was no one to help me, so I just had to make the best it.
6. the time being, this is the only option available to you.
7. The best way to stop hurting yourself when exercising is to take it slow.
8. There are sports where women can compete men and win.
9. As a child Alexander was fond various sports but finally he focused on football.
10. Cycling has become increasingly popular commuters in urban areas.
11. Keko arrived just time to launch a promising pass from the left.
12. Sports fans tend to gain more pleasure a close loss than a blow-out win.
13. When she was offered the job, she knew it was the chance a lifetime.
14. In soccer, the goalkeeper stands the opposite side of the field from the attackers.

15. Injuries often result in pain and this turn leads to muscle weakness.
16. He wasn't sure the rules of the game, so he decided to watch a tutorial video.
17. Being involved baseball, he dreams of playing for a professional team one day.
18. To excel in swimming, you need to concentrate your breathing and stroke rhythm.
19. Everyone has the right to experience sport in a safe environment, free abuse and bullying.
20. With a busy life, full-time work/studies, family and friends it can be hard to find time training.
21. Your height is determined by your genetics, so you are likely be close height to your parents.
22. When vigorously training for a single sport, athletes tend to get burned out time to time.
23. We take pleasure attending live sporting events to experience the excitement and energy of the crowd.
24. According to the latest data, the average person spends about 7 hours per day screens connected to the internet.
25. About 600 Paralympic athletes competed more than 78 gold medals at the Beijing 2022 Winter Paralympic Games.

5. Translate into English using the collocations and word patterns from unit 4.

1. It doesn't matter if you fail, just (*сделай всё возможное*).
2. I got home just (*вовремя*) – it was starting to rain.
3. (*У меня уходит*) about 20 minutes to complete a routine.
4. We take it (*по очереди*) to do the household chores.
5. Will women athletes ever be able to (*соревноваться с*) men?
6. Linda is always (*вовремя*) for school. By contrast, Vicki is always late.
7. Try to overcome anything that might (*помешать тебе*) becoming more active.
8. By correcting your posture, your jumps will increase (*по высоте*) due to potential energy.
9. If you're already late, (*не торопись*). You can't be late twice.
10. Soccer, also known as football, is (*популярен среди*) millions of fans worldwide.
11. Not everyone has a (*талант к*) sport, they just work hard for their success.
12. Athletes often report that they (*им сложно*) to perform when it matters most.
13. If you're going for a run in the sun, (*убедись*) to use sunscreen to protect your skin.
14. I (*получаю удовольствие*) in finding something new every time I practise yoga.
15. The British are very (*увлекаются*) sport, but many people prefer to watch rather than take part.
16. Young people devote (*свободное время*) to sports to maintain good health and body image.
17. It (*бесит*) me mad when schools turn 'Sports Day' into an event that's about the taking part not about doing sport.
18. For many people, having a busy lifestyle can make it difficult to (*найти время для*) exercise.
19. People can (*получить удовольствие*) from a wide range of extreme water sports activities.
20. In pickleball, the ball must bounce (*на противоположной стороне*) of the court before it is returned to the serving side.

6. Fill in the gaps with one word which can be used in both sentences (use the collocations and word patterns from unit 4).

1.

Singles spend more on leisure activities than married people.

These rules and regulations may change from to time.

2.

The referee blew the whistle to the game.

The goalkeeper made a fantastic save to the ball from going into the net.

3.

It doesn't matter if you fail, just do your

Athletic youngsters made the of a poor pitch to take points.

4.

..... passes so quickly when you're enjoying yourself.

In doing sport, take your and move at your own pace.

5.

It me half an hour to get to the gym.

Competing to a high level in sport up a lot of your time.

6.

The first step to a healthy lifestyle is to time for exercise.

Always sure your muscles are warmed-up before you stretch!

7.

Sports fans take in cheering for their favorite team.

Marina gets from the adrenaline rush of snowboarding down the slopes.

8.

It's high to slow down and enjoy life.

Even if you have a busy schedule, you can find to do something you enjoy.

9.

On a long-distance trip, my parents turns driving to get some shut-eye.

How much time does it to see the results of a new diet?

10.

Failing your driving test on the first makes you a better driver in long run.

The Sports and Leisure Centre provides a unique opportunity to have a at a wide range of activities.

WORD FORMATION

7. Complete the sentences by changing the form of the words in brackets.

1. Your personal is your tutor, your motivator and your spotter. [TRAIN]
2. A record number of took part in the half marathon. [COMPETE]
3. In a game of tug-of-war, two teams pull the rope in directions. [OPPOSE]
4. Luke was a European silver in the 1 500 metres freestyle. [MEDAL]
5. , the injury was minor and required little specific treatment. [FORTUNE]
6. My of the film was spoiled by very young children in the cinema. [ENJOY]
7. Professional players study their before a match. [OPPOSE]
8. You should be aware of your emotions when handling wins and [LOSE]

9. FIFA is the international governing body of football, beach soccer, and futsal. [ASSOCIATE]
10., there's nothing I can do about your problem. [FORTUNE]
11. The right fishing , such as rods and reels, can make a big difference in a fisherman's success. [EQUIP]
12. With his monthly , Jake can afford to join a gym and work on his fitness goals. [ALLOW]
13. The best athletes are selected to represent their country in international [COMPETE]
14. Running on a treadmill for hours can be quite compared to outdoor jogging. [INTERESTING]
15. The Doping Tribunal concluded that the athlete was the "sole author of his ". [FORTUNE]
16. between sports for fans' money and attention is increasingly fierce. [COMPETE]
17. To keep all sports equipment functional, it is critical to run routine sessions. [MAINTAIN]
18. From a point of view, there is no game in which the player is not likely to get hurt during the game. [PRACTICE]
19. The Origin Gym is a brand new, fully gym, designed to support your journey to full fitness. [EQUIP]
20. LinkedIn presents an opportunity for experts like sports writers to showcase their and build an audience. [KNOW]
21. Engaging in sports can provide you with a set of skills that can play a critical role in your life. [COMPETE]
22. You might be tempted to buy a super-quick sports bike, but it's highly for a new rider. [PRACTICAL]
23. There have been many hardships and opportunities over the past year, but it is time to look ahead. [LOSE]
24., the underdog team managed to secure a surprising victory in the championship game. [INTERESTING]
25. The researchers developed a scale called the Pittsburgh Activities Test to measure the effect of hobbies and leisure pastime on overall health. [ENJOY]