

# LET'S PRACTISE

## Daily routines

- Write the missing words to complete the daily routine.



1 have a snack



2 brush your hair



3 am dressed



4 brush your teeth



5 wash your hair



6 do exercise



7 have a shower



8 have a bath

## Sports activities

Complete the conversation with *PLAY*, *DO* or *GO* and the sports below. There are two extra sports.

athletics badminton football ice skating  
karate skiing swimming tennis

- A: Do you <sup>1</sup> go skiing every year?  
B: Yes, we do. We always go to Bariloche. Do you like winter sports?  
A: Yes, but I don't like skiing. I prefer to <sup>2</sup> play tennis.  
B: I sometimes <sup>3</sup> go swimming in my uncle's pool. Do you go swimming?  
A: No, I don't like water. But I often <sup>4</sup> do athletics. I can run quite fast.  
B: Really? I like ball sports. Now and then I <sup>5</sup> play football with my cousin. But he always hits the ball really hard!  
A: I like it too, but I prefer to <sup>6</sup> play badminton. It's a very similar sport!

## Opposite adjectives

Read the text about sports in the Olympic Games. Choose the correct answers.



Every few years, the International Olympic Committee introduces <sup>1</sup> new / old sports to the Olympic Games. In 2016, two of these sports were karate and skateboarding. This is <sup>2</sup> amazing / awful for the two sports, but it isn't <sup>3</sup> difficult / easy to add new sports to the event. The process can be very <sup>4</sup> fast / slow, and it often takes many years. Other sports, such as dancing and netball, are still not part of the Olympic Games. Let's hope that they have <sup>5</sup> bad / good news soon.

## Emotions

Read the magazine page. Choose the correct adjective.

### What makes you excited? Tell us!

- I get <sup>1</sup> confident / worried when my parents stay out late. It feels better when they come home. *Nina, 13*  
I feel <sup>2</sup> nervous / upset when I watch sad programmes about animals on TV. *Pablo, 13*  
I get really <sup>3</sup> angry / excited before a holiday! Or on my birthday! Or at Christmas! *Tomás, 14*  
I'm always <sup>4</sup> surprised / scared when my football team wins a match. They aren't very good! *Eva, 13*  
I feel <sup>5</sup> embarrassed / excited at parties when I'm standing alone. *Julieta, 14*  
I usually feel <sup>6</sup> bored / confident about tests. That's because I always revise a lot. *Lucas, 13*