Adverbs of frequency – Exercises

Exercise 1. Write the adverb or phrases in the correct group

occasionally	hardly ever	seldom	once a month	always
every Wednesday	sometimes	often	on Mondays	three times a week

Before the main verb	At the end of the sentence

Exercise 2. Write a number from 1 to 3 (least frequent is 1 and most frequent is 3) in order to put these sentences in order of frequency.

_____ She usually goes dancing on Fridays.

_____ She occasionally goes dancing on Fridays.

_____ She never goes dancing on Fridays.

_____ I only see my friends once a month.

_____ We see each other every weekend.

_____ We hardly ever see each other.

_____ Occasionally my father watches soap operas.

_____ My father like watching soap operas every evening.

_____ My father likes watching soap operas with my mom on Thursdays.

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Exercise 3. Write the words in the correct order to make a sentence.

her birthday / celebrates / twice a year / Elisa →

in the evening / play / We / computer games →

I / my future / hardly ever / think / about →

for running / My friend / gets up / never / early →

cuts to / the chase / He / never / and I hate that →

reads / that I / buy in English / My sister / sometimes / the books →

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